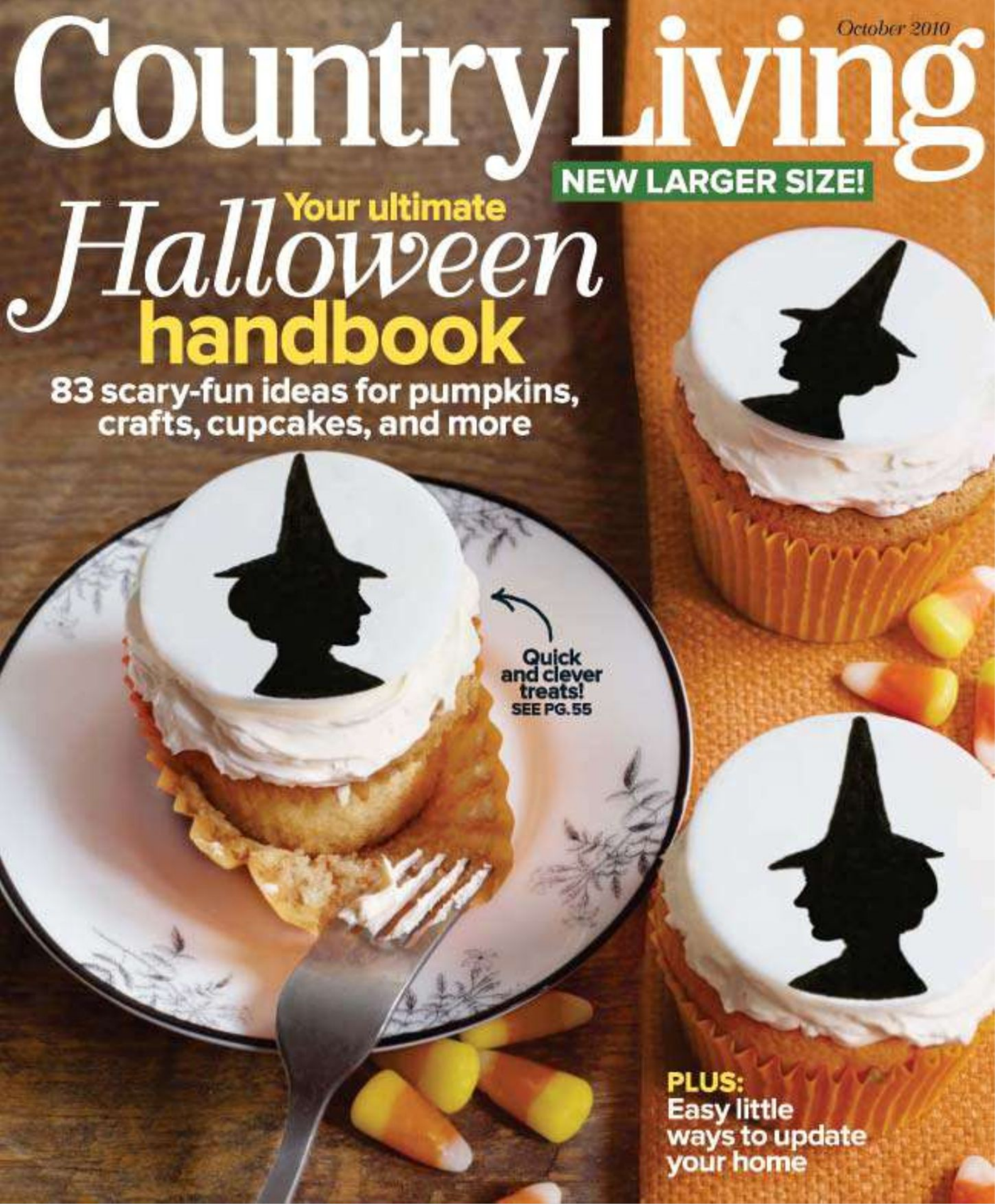
October 2010

Country Living

NEW LARGER SIZE!

Your ultimate Halloween handbook

83 scary-fun ideas for pumpkins, crafts, cupcakes, and more



Quick and clever treats!
SEE PG. 55

PLUS:
Easy little ways to update your home

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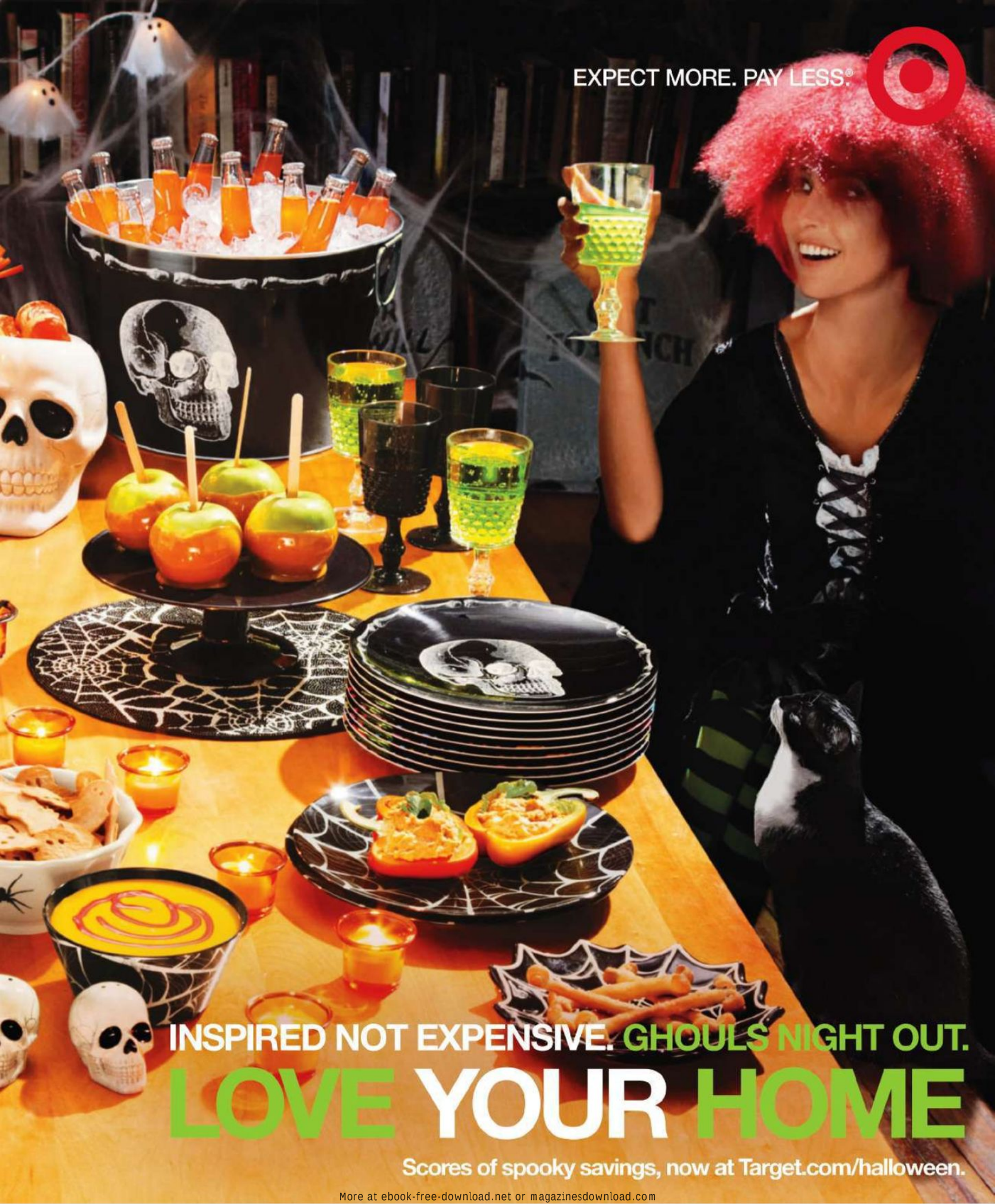

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ON THE COVER Learn how to make these bewitching cupcakes (created by How Sweet It Is bakers Ellen Sternau and Beth Pilar) on page 55. Photograph by John Kernick.

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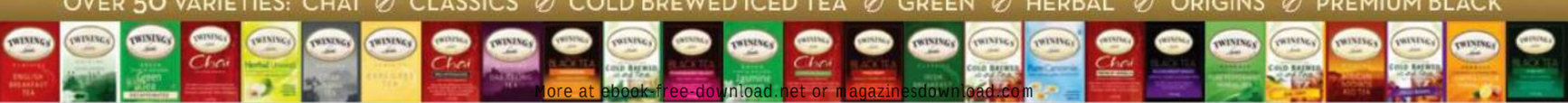

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ABOVE Hitchcock would be proud: my costume last year, inspired by *The Birds*.

Getting into the Holiday Spirit

To those who question an over-the-top approach to October 31st, I say, "Boo!"

I've been accused of celebrating Halloween a tad too enthusiastically. True, last year I spent an inordinate amount of time turning myself into Tippi Hedren's character from *The Birds*—scouring vintage shops for the perfect early-1960s suit, styling a platinum wig into a prim updo, wiring craft birds in place, then "bloodying" my face and neck with red grease paint. But the results *(above left)* seemed well worth the effort. And yes, I stayed up till 2 A.M. the night before my annual bash, covering furniture in fake cobwebs and downloading spooky sounds from iTunes. It did occur to me, as I hung a rubber skeleton from the showerhead in the downstairs bathroom, that maybe, just maybe normal people don't tape googly eyes to every portrait on their walls in honor of the holiday.

Then my party guests started to arrive. And once I got a glimpse of the neighbors—a Jolly Green Giant in DIY rubber platform shoes, a Mad Hatter carrying a superglued stack of teacups, an Empire State Building with a date disguised as King Kong—any self-doubt evaporated. Apparently, Halloween triggers a certain obsessive creativity in lots of folks. Including you, given the feedback we receive each October. So we made sure that the following pages cover all the bases: to-die-for pumpkin displays, sinfully sweet desserts, decorating ideas with a dark sense of humor, even a set of skeletal salad servers. Should you not find what you're looking for, send an e-mail to sarahgray@hearst.com. You'll help shape next year's coverage and make me feel much better about my "issues."

Sarah Gray Miller
EDITOR-IN-CHIEF

Other Dates Worth Noting

September 24–26 *Columbus, Ohio* Join us at the fifth annual *Country Living* Fair for amazing (and affordable) antiques, down-home food, crafting and cooking demos, and more. *(countryliving.com/fair)*

September 29 *Lexington, Kentucky* Our style and market director, Natalie Warady, will be speaking at the World Equestrian Games. Also on hand? A CL fave, garden designer Jon Carloftis, who transformed the grounds of the Kentucky Horse Park for this event. *(alltechfeigames.com)*

October 22–24 *Atlanta* This year, we're adding a second CL Fair location: Georgia's Stone Mountain Park. *(countryliving.com/fair)*

PHOTOGRAPH BY TONY STAMOLIS

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Dear Country Living...

LETTER OF THE MONTH

Imagine my surprise when I opened the July/August issue to an article about L.E. Smith Glass ["Made in America," page 18]. I was born in the company's hometown of Mount Pleasant, Pennsylvania, and my grandfather, great-uncle, and cousins all worked at the factory. My mom always loved her L.E. Smith pieces, and now I cherish my own collection.

—Jane Boyer McGuigan, Parsons, West Virginia

▶ As the writer of this month's featured letter, Jane will receive an assortment of decorative paint finishes from CL's own line with Caromal Colours *(caromalcolours.com)*.

I was so thrilled to see Angie and Hadley Warwick's Prairie Village, Kansas, home in your most recent issue ["Coming Up Roses," page 100]. The Midwest too often gets ignored in favor of the East and West Coasts, and I'm glad you recognize how much this part of the country has to offer in terms of style and culture. Please keep coming back!

—Amanda McCollum, Independence, Kansas

Editors' response: *Amanda, we couldn't agree more. In fact, many of us on the CL staff hail from the middle of the country, too. Go to page 106, and you'll see that we've returned to the Midwest this month, for a feature on designer Lizzie Carney's home in Jacksonville, Illinois.*

I've been a loyal subscriber for decades, but I feel you missed an educational opportunity with your "Ask a Country Vet" column [page 78]. In Dr. Sharp's recommendation of a good pet for an elderly parent, I wish he'd suggested that the reader look for an older shelter dog. They need companionship, too, and are most at risk for not being adopted.

—Mary Ellen Arbuckle, Houston

The best thing about your latest issue? The news that there'll be a second *Country Living* Fair, in Atlanta ["On the Web," page 12]. My women's club, the Georgia Farmgirls, can't wait!

—Becky Garrison, Hickory Flat, Georgia

I just wanted to let you know that the historic home shown in "Six Reasons to Visit Franklin, Tennessee," [page 75] is the Carnton Plantation, not the Hermitage.

—Victoria Philpot, Franklin, Tennessee

Editors' response: *Victoria, you're right. We mistakenly identified the photograph on page 77, and we regret the error. To learn more about the Historic Carnton Plantation in Franklin, Tennessee, visit carnton.org.*

WE READ EVERY SINGLE ONE OF YOUR LETTERS!

So please, keep 'em coming. E-mail **countryliving@hearst.com** or write to: **300 West 57th Street, NY, NY 10019.** Letters chosen for publication may be edited for length and clarity. All submissions become property of Hearst Communications, Inc.

My Country Life

One reader opens up

Reader: Ashley Tackett

Hometown: Georgetown, Kentucky

Her Halloween tradition: "I love going with my son, Hudson *[right]*, who's now 2½ years old, to our local orchard every October to pick out the biggest pumpkin."

Her favorite simple pleasure: "Taking long walks as the seasons change. Hudson makes me stop so he can look at the leaves—and stomp through ones that have already fallen off the trees!"

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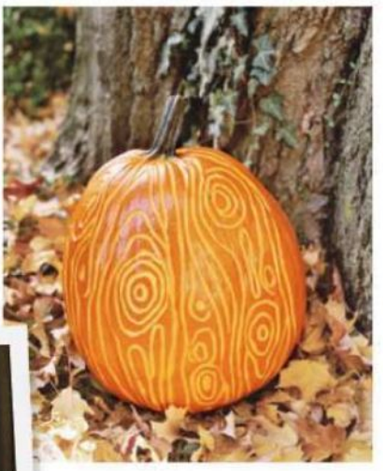
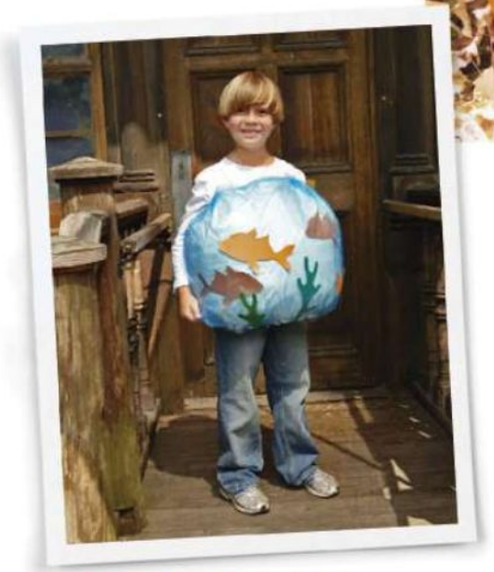
This month on countryliving.com

Halloween Inspiration!

Scare up a chillingly good time—we've got every detail covered at countryliving.com/halloween.

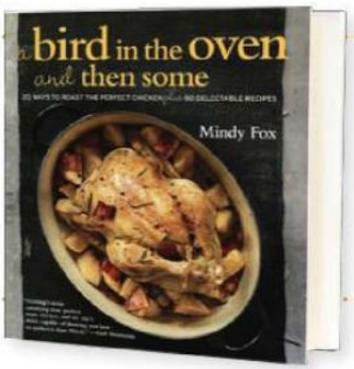
BRIGHT IDEAS FOR PUMPKINS From classic jack-o'-lanterns to no-carve paint options (and even a few things in between, like this faux bois gourd, *right*), you'll find a plethora of examples online.





EASY DIY COSTUMES Discover the magical power of trash bags (yes, really!) with our crafty getups. In no time flat, you can convert one of these household staples into a fishbowl *(above)*, snow globe, or gum-ball machine.

TEMPTING PARTY TREATS Wow guests with homemade candy apples *(below)*, cupcakes, and cookies—among dozens of simple holiday dessert recipes.



Cookbook Giveaway!

Enter for a chance to win one of 20 copies of Mindy Fox's new book, *A Bird in the Oven and Then Some* (featured on page 100). It's jam-packed with 100 inspiring recipes that make the most of roast chicken. For more details, go to countryliving.com/win.

PHOTOGRAPHS BY (FROM TOP) STEVEN RANDAZZO; PHILIP FRIEDMAN/STUDIO D; BROOKE SLEZAK

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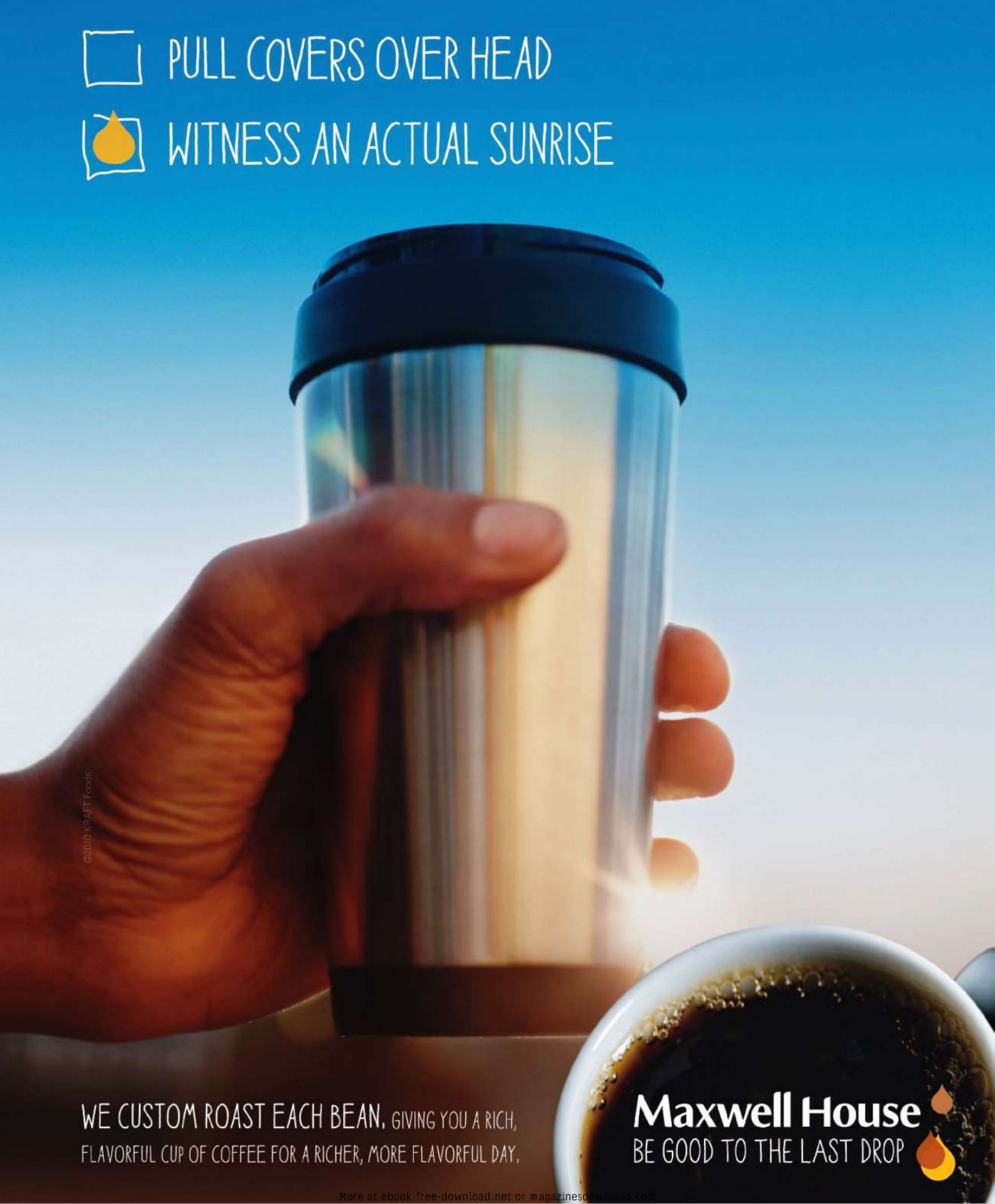

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heart of the country

The best the countryside has to offer this month—including historic haunted houses!

A Casual Arrangement

Before you bemoan the end of summer's garden-fresh bouquets, take a look out your window: Fall foliage delivers just as much drama as flowers. Simply clip a few branches and place in a sturdy vase of water. (You can also add late bloomers, like the goldenrod tucked among maple here.) Then sit back and do some leaf-peeping from your sofa.

PHOTOGRAPH BY RED COVER/PAUL RYAN-GOFF

Written by Catherine Strawn

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Made in America

The Frye Company reigns as the nation's oldest continuously operating shoemaker.

The Frye Company's Campus boot, $278; thefryecompany.com

The son of a Massachusetts cobbler, John A. Frye followed in his father's footsteps by starting a handcrafted-shoe business in 1863. Today, the Frye Company produces boots and sandals, as well as other leather accessories, at factories in Arkansas and Pennsylvania.

1863–1865 During the Civil War, both Union and Confederate soldiers wear Frye's designs. Eight decades later, the company supplies boots to World War II servicemen, including General Patton.

1911 John A. Frye passes away, and his son Walter takes over.

1949 The Frye family sells the business to a small Massachusetts corporation.

1960 Relaunched with a stacked heel and wider toe, the nearly century-old Campus boot becomes a best seller—famous fans include Linda Ronstadt and Candice Bergen.

2005 Hipster clothier Urban Outfitters starts carrying Frye products, introducing the brand to a whole new generation of trendsetters.

ONE GOOD DEED "Call your recycling provider and ask which plastic codes (1 through 7) they accept. That way you can check the numbers on shampoo bottles, milk jugs, and other packaging to avoid buying stuff you can't easily recycle."

—AMY KORST, cofounder of greengarbageproject.com, a site devoted to waste-free living

PHOTOGRAPH BY ERICKA McCONNELL; STYLING BY PHILIPPINE SCALI

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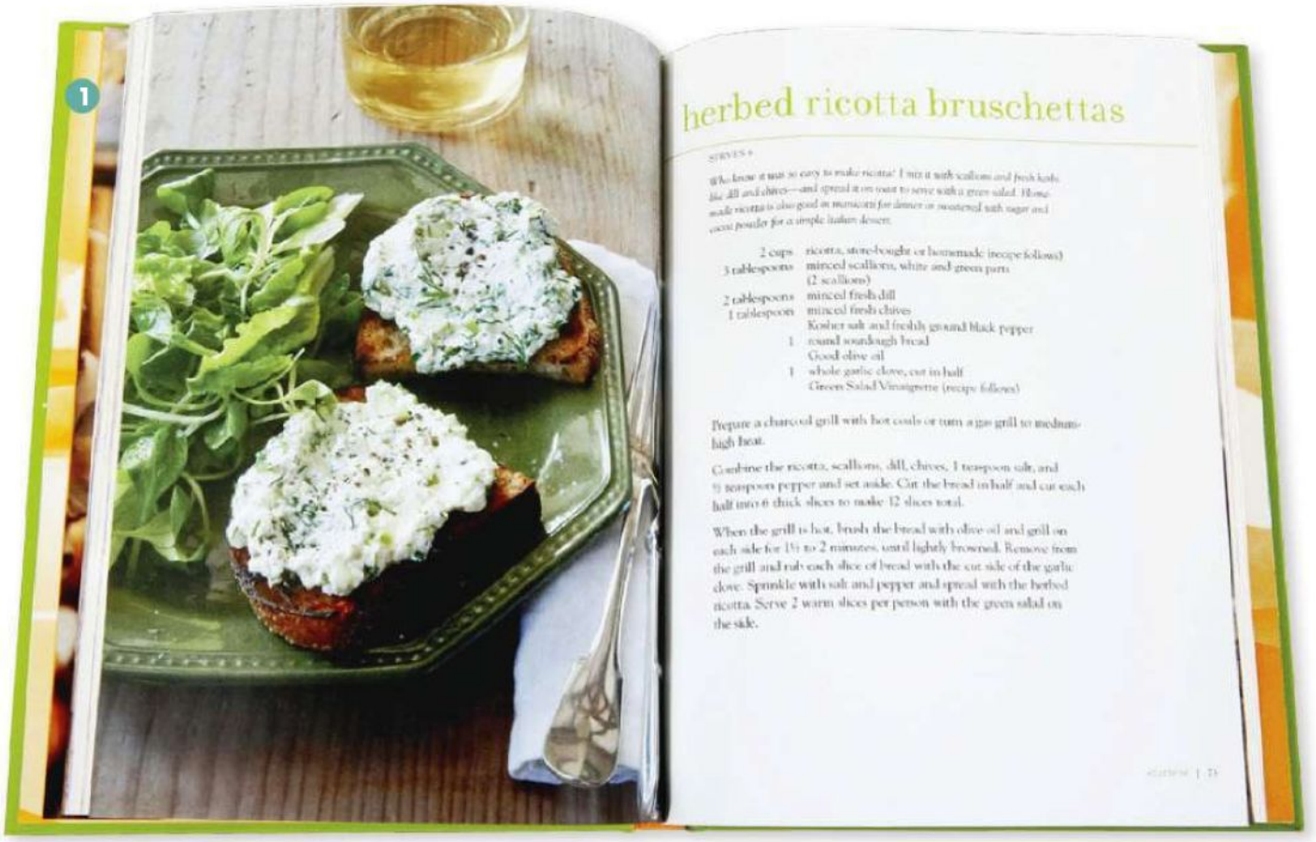
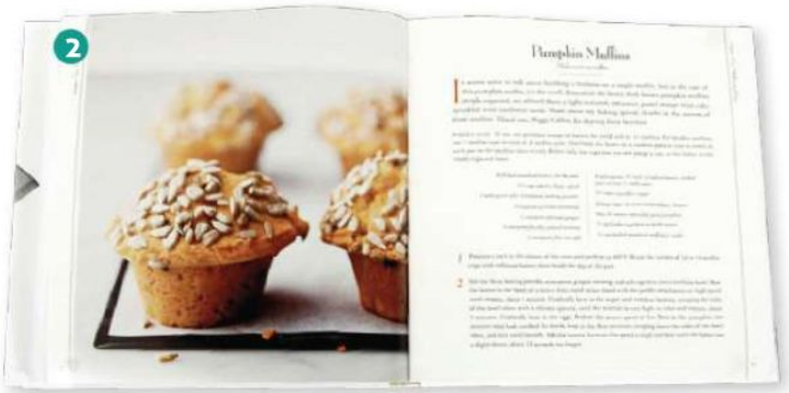
RECOMMENDED READING

The Season's Best New Cookbooks





1. *BAREFOOT CONTESSA: HOW EASY IS THAT?* Food Network star Ina Garten makes the mundane magnificent in this guide to effortless entertaining. Her take on cheese toast: the bruschettas with ricotta and fresh herbs above. Even microwave popcorn becomes party-worthy in these inspiring pages (thanks, truffle butter!). *($35; Clarkson Potter)*

2. *SARABETH'S BAKERY* Since opening her first café in New York City nearly 30 years ago, Sarabeth Levine has earned a reputation as the master of mouthwatering croissants, pies, and muffins (like the pumpkin ones above left). Now the pastry chef divulges her techniques—plus recipes for her legendary fruit preserves. *($40; Rizzoli)*

3. *HARVEST TO HEAT* Authors Darryl Estrine and Kelly Kochendorfer asked noted chefs (those are Rick Bayless's veggie tacos above) to create recipes showcasing fare from their area purveyors—farmers, cheesemakers, and more. The result: 103 dishes with local flavor, from crawfish-stuffed deviled eggs to heirloom-bean soup. *($40; Taunton)*

PHOTOGRAPHS BY PHILIP FRIEDMAN/STUDIO D

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Bargain of the Month

High-profile art for just $19 a pop

The classic silhouette gets a casual update with artist Mike Miller's collection of framed prints for West Elm. An extremely wallet-friendly price boosts these lookers' appeal beyond a shadow of a doubt. *(westelm.com)*

LISTEN TO THIS

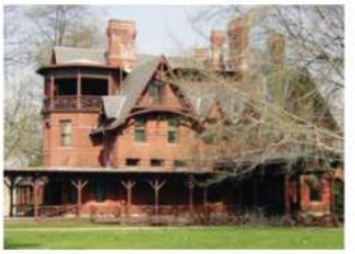
Elton John and Leon Russell Make Music Together

T Bone Burnett's at it again: The famed producer who paired bluegrass star Alison Krauss with Led Zeppelin's Robert Plant has now orchestrated the inspired duo of Elton John and honky-tonk icon Leon Russell (known for his work with Willie Nelson, Joe Cocker, and others). *The Union*, out October 19, finds the pianists dueling—with help from folks like Neil Young, Brian Wilson, and John's longtime lyricist Bernie Taupin.

MARK YOUR CALENDAR

Tour a Haunted Landmark

Celebrate Halloween with a visit to these spooky historic spots:



MARK TWAIN HOUSE Discover the late author's obsession with the afterlife, while roaming his Hartford, Connecticut, home at night. *(Fridays and Saturdays, October 8–30; marktwainhouse.org)*

SAM DAVIS HOME During evening hayrides on this 160-acre former plantation in Smyrna, Tennessee, storytellers recount spine-chilling "sightings" of Confederate-era ghosts. *(October 22–23, 29–30; samdavishome.org)*

WINCHESTER MYSTERY HOUSE Flashlight-led explorations illuminate the 160-room San Jose, California, mansion's eerie architecture, including secret passageways and spiderweb-patterned windows. *(October 16, 23, 29–31; winchestermysteryhouse.com)*

PHOTOGRAPH BY (BARGAIN) DAVID A. LAND; (WINCHESTER MYSTERY HOUSE) MATT MALONE

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Making a Country Living

How a former securities broker skipped retirement to grow a wine business

For Iris Rideau, building a company from the ground up is nothing new. During her 32-year career as an entrepreneur in Los Angeles, she founded a securities firm *and* an insurance agency. After selling both in 1999, Rideau, now 74, could've retired. But this mover and shaker had other plans—involving 25 acres in California's Santa Ynez Valley that she dubbed Rideau Vineyard.

STARTING OUT Rideau began by planting Rhône varietals (from Syrah to Viognier), then waited three years for fruit to develop. "This business has taught me patience," she says. "The vines are ready when they're ready." Rideau finally bottled wine made from her own grapes in 2001.

PERFECT PAIRING A native of New Orleans, Rideau developed her reds and whites to complement the Creole food she grew up with. When fine-tuning the wines' flavor profiles, she always tests them with Louisiana fare like red beans and rice.

TASTE OF SUCCESS In 2002, the vintner decided to cut out wholesalers, who claimed a chunk of her earnings, and sell wine directly on rideauvineyard.com and to visitors to her estate. Today, Rideau turns out more than 100,000 bottles a year and has garnered dozens of awards, as well as praise from *Wine Spectator* and *Wine Enthusiast Magazine*.

"I never let myself feel too satisfied by the successes—as an entrepreneur, I'm always after the next challenge."

—Iris Rideau, Rideau Vineyard

ABOVE Iris Rideau's barrel room holds some 500 oak vessels for fermenting.

FAR LEFT Rideau Vineyard whites and reds run from $13 to $58 a bottle.

LEFT More than 150 tons of grapes are pressed annually at the estate to produce 16 types of wine.

PHOTOGRAPHS BY JOE SCHMELZER

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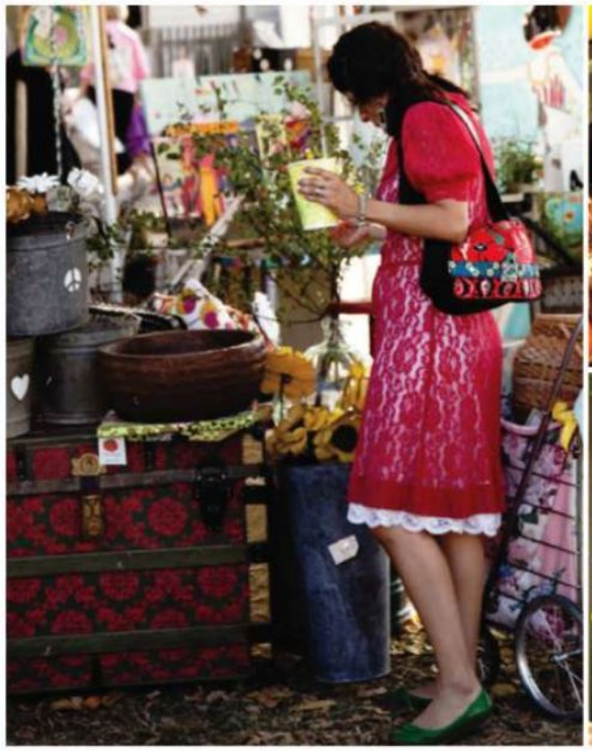

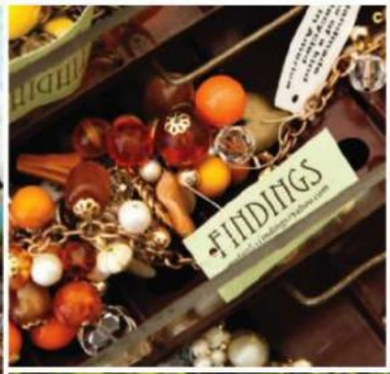

PHOTOS: ROB HOWARD

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fresh picks

Fantastic new finds, from fall's cutest hats to scary-chic party decor—starting at $1.99

Halloween for Grown-Ups

These sophisticated accessories turn fright night into an elegantly eerie affair.

▼TEA-LIGHT HOLDER Consider this resin bird from designer Flora Lam a candle perch worth crowing about. *($40; zippergifts.com)*

▲CAKE STAND Iacoli & McAllister repurposes vintage candlesticks into pretty pedestals. *($150; thefutureperfect.com)*

▼PLATES Skull-adorned dishes add a subtle spine tingle to any meal. *(Black dinner plates, $1.99 each; target.com for stores. White salad plate, $18; foldedpigs.etsy.com)*

Continued on next page >

PHOTOGRAPH BY DAVID A. LAND

Written by Joshua Lyon

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WIN THIS!

SALAD SERVERS Get a grip on greens with these handy utensils. *($19; pottery barn.com; enter to win one of 10 sets at countryliving .com/win)*

APRON Throw on Two's Company's smock for an instant costume. *($30; 800-896-7266 for stores)*

CARD-STOCK RAVEN Artisan Wendy Addison pays homage to Edgar Allan Poe with this decorative cutout. *($24; 8"H; tinseltrading.com)*

CANDLEHOLDERS Talon-themed stands put a macabre twist on mood lighting. *($85 each; dlcompany.com)*

MATCHES Illustrated with lacy spiderwebs, these containers strike a subtly gothic note. *($4.90 each; areohome.com)*

PARTY INVITATIONS Lead guests to the scene of the crime with these Martha Stewart Crafts cards. *($6.99 for six; michaels.com for stores)*

PHOTOGRAPHS BY J MUCKLE/STUDIO D

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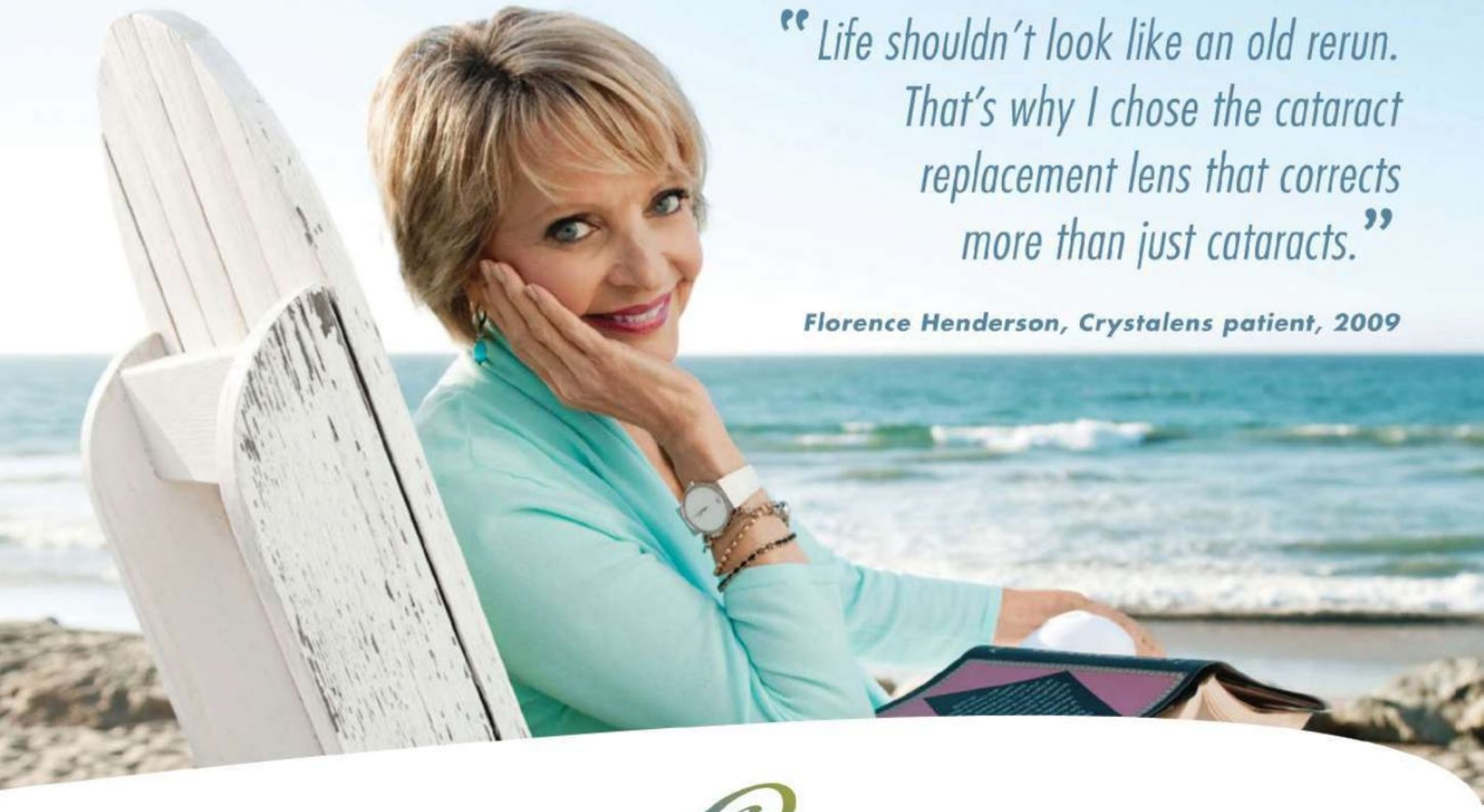

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Florence Henderson, Crystalens patient, 2009

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Cloche Encounters

Channel the giddy glamour of the roaring '20s with one of these fun felt hats.

▼**GRAY** Feathers and a four-tipped knot dress up Scala Collezione's topper. *($55; 800-367-3626)*

▼**BLACK AND WHITE** An ivory band with contrasting stitching provides a jaunty touch. *($54; sandiegohat.com)*

▼**PURPLE** This cloche boasts a single rosette—and an unbeatable price. *($20; lailarowe.com)*

▲**BROWN** A hand-stitched polka-dot flower, set against a grosgrain fan, adorns this sumptuous splurge from milliner Jenny Pfanenstiel. *($240; formeonlineshop.com)*

▲**BLACK** Thanks to a sequin bow, Callanan Legacy's design is the perfect choice for a nightcap. *($60; 800-367-3626)*

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BRIGHT RED Mitchell Gold & Bob Williams's model comes in more than 350 colors. Plus, check out that striking nailhead trim! *($1,730; mgbwhome.com for stores)*

FLORAL Design Legacy's hand-sewn slipcover features a vibrant print lifted from a vintage field guide. *($1,699; 214-748-5118 for stores)*

SEASHELLS An African, batik-like dyeing process creates the rich hues and vivid punch of this cotton fabric. *($1,698; anthropologie.com)*

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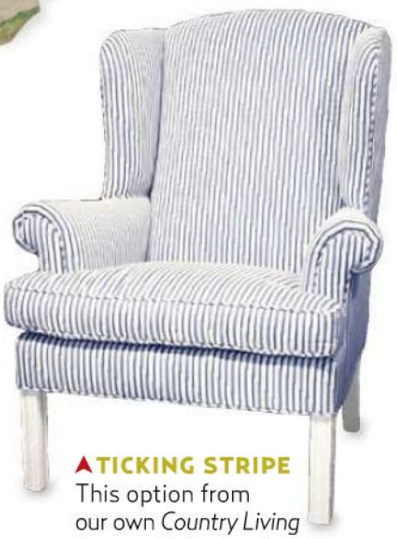
MEDALLION With its straight back, this bargain is ideal for use at a desk or dining table. *($619; ballard designs.com; enter CL15OCT for discount)*



TICKING STRIPE This option from our own *Country Living* Artisan Collection by Debbie Jones includes a removable scalloped skirt. *($2,200; frenchlaundryhome.com for stores)*

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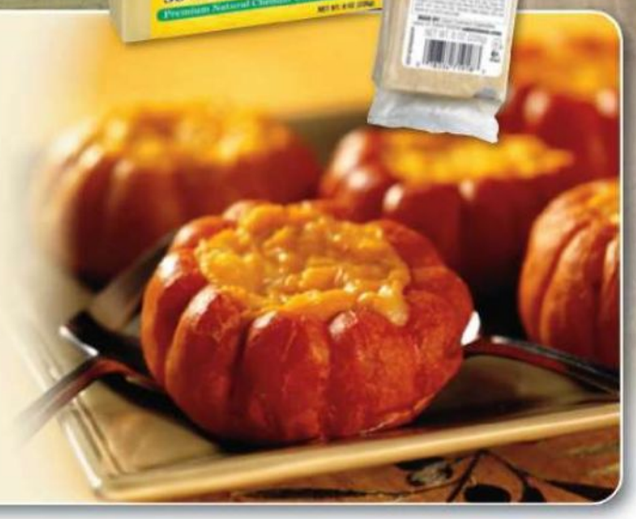
Pumpkin Cheddar Souffles

- 8 mini pumpkins
- 4 large eggs
- 4 teaspoons King Arthur Unbleached All-Purpose Flour
- 1/4 teaspoon baking powder
- 3 ounces Cabot Habanero Cheddar, diced (about 3/4 cup)
- Salt and ground black pepper to taste

1. Preheat oven to 350 degrees. 2. Place uncut pumpkins in large shallow dish and add 1/4 inch of water; cover tightly with foil and bake for 40 minutes, or until tender. Let cool. 3. Reheat oven to 375 degrees. 4. With paring knife, remove tops from pumpkins. Remove and discard seeds, then scoop out flesh, leaving 1/4-inch-thick shell. 5. Place four cups of pumpkin flesh in mixing bowl. Separate eggs, stirring yolks into pumpkin flesh and placing whites in separate bowl. 6. Stir flour and baking powder into pumpkin mixture, then stir in cheese. Season with salt and pepper. 7. Whip egg whites into stiff peaks. Fold into pumpkin mixture. Spoon souffle mixture into pumpkin shells. 8. Place on baking sheet and bake for 12 to 15 minutes, or until puffed and set.

Recipe courtesy of Chef Jeffrey Weiss

Nutrition Analysis Calories 144, Total Fat 4g, Saturated Fat 2g, Sodium 131mg, Carbohydrates 23g, Dietary Fiber 2g, Protein 8g, Calcium 158mg



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▼MOOSE Roost's basswood beast sports a 32-inch antler span. *($990; velocityartand design.com)*

►STEER No bull about it—this rowdy animal takes a surprisingly delicate turn in wicker. *($49; ballard designs.com)*

▲RHINO Recycled book pages give this papier-mâché likeness eco-cred. *($68; anthropologie.com)*

▼BEAR Neither too big nor too small, this resin and wood design from Cody Foster feels just right. *($73.75; 800-595-5907 for stores)*

▲DEER Covered in printed paper, Jennifer Khoshbin's eight-point buck makes a graphic statement. *($375; rubyslounge.etsy.com)*

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With CHANTIX you can smoke during the first week of treatment.

Plus it's a non-nicotine pill that works by targeting nicotine receptors in the brain, attaching to them, and blocking nicotine from reaching them.

CHANTIX is a prescription medicine to help adults 18 and over stop smoking.

Important Safety Information

Some people have had changes in behavior, hostility, agitation, depressed mood, suicidal thoughts or actions while using CHANTIX to help them quit smoking. Some people had these symptoms when they began taking CHANTIX, and others developed them after several weeks of treatment or after stopping CHANTIX. If you, your family, or caregiver notice agitation, hostility, depression, or changes in behavior, thinking, or mood that are not typical for you, or you develop suicidal thoughts or actions, anxiety, panic, aggression, anger, mania, abnormal sensations, hallucinations, paranoia, or confusion, stop taking CHANTIX and call your doctor right away. Also tell your doctor about any history of depression or other mental health problems before taking CHANTIX, as these symptoms may worsen while taking CHANTIX.

Some people can have serious skin reactions while taking CHANTIX, some of which can become life-threatening. These can include rash, swelling, redness, and peeling of the skin. Some people can have allergic reactions to CHANTIX, some of which can be life-threatening and include: swelling of the face, mouth, and throat that can cause trouble breathing. If you have these symptoms or have a rash with peeling skin or blisters in your mouth, stop taking CHANTIX and get medical attention right away. Do not take CHANTIX if you have had a serious allergic or skin reaction to CHANTIX.

The most common side effects are nausea, sleep problems, constipation, gas, and vomiting. If you have side effects that bother you or don't go away, tell your doctor.

Patients also reported trouble sleeping, vivid, unusual, or strange dreams. Use caution driving or operating machinery until you know how CHANTIX may affect you.

You may need a lower dose of CHANTIX if you have kidney problems or get dialysis. Before starting CHANTIX, tell your doctor if you are pregnant, plan to become pregnant, or if you take insulin, asthma medicines, or blood thinners. Medicines like these may work differently when you quit smoking. CHANTIX should not be taken with other quit-smoking medicines. Should you slip up and smoke, keep trying to quit.

*Terms and conditions apply.

This coupon is not health insurance. This coupon will be accepted only at participating pharmacies.
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Please see patient Medication Guide on the next page.
Pfizer, PO Box 29387, Mission, KS 66201

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Visit www.fda.gov/medwatch or call 1-800-FDA-1088.

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MEDICATION GUIDE
CHANTIX® (CHANT-iks)
(varenicline) Tablets

Read the Medication Guide that comes with CHANTIX before you start taking it and each time you get a refill. There may be new information. This information does not take the place of talking with your doctor about your condition or treatment.

What is the most important information I should know about CHANTIX?

Some people have had changes in behavior, hostility, agitation, depressed mood, and suicidal thoughts or actions while using CHANTIX to help them quit smoking. Some people had these symptoms when they began taking CHANTIX, and others developed them after several weeks of treatment, or after stopping CHANTIX.

If you, your family, or caregiver notice agitation, hostility, depression or changes in behavior or thinking that are not typical for you, or you develop any of the following symptoms, stop taking CHANTIX and call your healthcare provider right away:

- thoughts about suicide or dying, or attempts to commit suicide
- new or worse depression, anxiety, or panic attacks
- feeling very agitated or restless
- acting aggressive, being angry, or violent
- acting on dangerous impulses
- an extreme increase in activity and talking (mania)
- abnormal thoughts or sensations
- seeing or hearing things that are not there (hallucinations)
- feeling people are against you (paranoia)
- feeling confused
- other unusual changes in behavior or mood

When you try to quit smoking, with or without CHANTIX, you may have symptoms that may be due to nicotine withdrawal, including urge to smoke, depressed mood, trouble sleeping, irritability, frustration, anger, feeling anxious, difficulty concentrating, restlessness, decreased heart rate, and increased appetite or weight gain. Some people have even experienced suicidal thoughts when trying to quit smoking without medication. Sometimes quitting smoking can lead to worsening of mental health problems that you already have, such as depression.

Before taking CHANTIX, tell your doctor if you have ever had depression or other mental health problems. You should also tell your doctor about any symptoms you had during other times you tried to quit smoking, with or without CHANTIX.

See **"What are the possible side effects of CHANTIX?"**

Some people can have allergic reactions to CHANTIX. Some of these allergic reactions can be life-threatening and include: swelling of the face, mouth, and throat that can cause trouble breathing. If you have these symptoms, stop taking CHANTIX and get medical attention right away.

Some people can have serious skin reactions while taking CHANTIX. These can include rash, swelling, redness, and peeling of the skin. Some of these reactions can become life-threatening. If you have a rash with peeling skin or blisters in your mouth, stop taking CHANTIX and see your doctor right away.

What is CHANTIX?

CHANTIX is a prescription medicine to help adults stop smoking.

Quitting smoking can lower your chances of having lung disease, heart disease or getting certain types of cancer that are related to smoking.

CHANTIX is not recommended for people under 18 years of age.

CHANTIX has not been studied with other treatments for stopping smoking.

Who should not take CHANTIX?

Do not take CHANTIX if you have had a serious allergic or skin reaction to CHANTIX, which may include:

- swelling of the face, mouth, and throat that can cause trouble breathing.
- rash, swelling, redness, and peeling of the skin.

What should I tell my doctor before taking CHANTIX?

Before you take CHANTIX, tell your doctor if you:

- have ever had depression or other mental health problems. See "What is the most important information I should know about CHANTIX?"
- have kidney problems or get kidney dialysis. Your doctor may prescribe a lower dose of CHANTIX for you.
- have any allergies. See the end of this Medication Guide for a complete list of ingredients in CHANTIX.
- have any other medical conditions
- are pregnant or plan to become pregnant. Ask your doctor for help to stop smoking before you get pregnant because smoking during pregnancy puts you and your baby at risk for problems during pregnancy. CHANTIX has not been studied in pregnant women. It is not known if CHANTIX will harm your unborn baby.
- are breastfeeding. CHANTIX has not been studied in breastfeeding women. It is not known if CHANTIX passes into breast milk. You and your doctor should talk about the best way to feed your baby if you take CHANTIX.

Tell your doctor about all your other medicines, including prescription and nonprescription medicines, vitamins and herbal supplements. Especially, tell your doctor if you take:

- insulin
- asthma medicines
- blood thinners

When you stop smoking, there may be a change in how these and other medicines work for you.

You should not use CHANTIX while using other medicines to quit smoking. Tell your doctor if you use other treatments to quit smoking.

Know the medicines you take. Keep a list of them with you to show your doctor and pharmacist when you get a new medicine.

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How should I take CHANTIX?

- Take CHANTIX exactly as prescribed by your doctor.
  1. Choose a **quit date** when you will stop smoking.
  2. Start taking CHANTIX 1 week (7 days) before your **quit date**. This lets CHANTIX build up in your body. You can keep smoking during this time. Make sure that you try and stop smoking on your quit date. If you slip-up and smoke, try again. Some people need to take CHANTIX for a few weeks for CHANTIX to work best.
  3. Take CHANTIX after eating and with a full glass (8 ounces) of water.
  4. Most people will take CHANTIX for up to 12 weeks. If you have completely quit smoking by 12 weeks, your doctor may prescribe CHANTIX for another 12 weeks to help you stay cigarette-free.
- CHANTIX comes as a white tablet (0.5 mg) and a blue tablet (1 mg). You start with the white tablet and then usually go to the blue tablet. See the chart below for dosing instructions.

Day 1 to Day 3	• White tablet (0.5 mg) • Take 1 tablet each day
Day 4 to Day 7	• White tablet (0.5 mg) • Take 1 in the morning and 1 in the evening
Day 8 to end of treatment	• Blue tablet (1 mg) • Take 1 in the morning and 1 in the evening

- This dosing schedule may not be right for everyone. Talk to your doctor if you are having side effects such as nausea, strange dreams, or sleep problems. Your doctor may want to reduce your dose.
- If you miss a dose of CHANTIX, take it as soon as you remember. If it is close to the time for your next dose, wait. Just take your next dose at your regular dose.

What should I avoid while taking CHANTIX?

Use caution driving or operating machinery until you know how CHANTIX may affect you. Some people who use CHANTIX may feel sleepy, dizzy, or have trouble concentrating, that can make it hard to drive or perform other activities safely.

What are the possible side effects of CHANTIX?

- **Some patients have had new or worse mental health problems.** See "What is the most important information I should know about CHANTIX?"
- The most common side effects of CHANTIX include:
  - nausea
  - sleep problems (trouble sleeping or vivid, unusual, or strange dreams)
  - constipation
  - gas
  - vomiting

Tell your doctor about side effects that bother you or that do not go away.

These are not all the side effects of CHANTIX. Ask your doctor or pharmacist for more information.

Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

How should I store CHANTIX?

- Store CHANTIX at room temperature, 59 to 86°F (15 to 30°C).
- Safely dispose of CHANTIX that is out of date or no longer needed.
- **Keep CHANTIX and all medicines out of the reach of children.**

General information about CHANTIX

Medicines are sometimes prescribed for purposes other than those listed in a Medication Guide. Do not use CHANTIX for a condition for which it was not prescribed. Do not give your CHANTIX to other people, even if they have the same symptoms that you have. It may harm them.

This Medication Guide summarizes the most important information about CHANTIX. If you would like more information, talk with your doctor. You can ask your doctor or pharmacist for information about CHANTIX that is written for healthcare professionals.

For more about CHANTIX and tips on how to quit smoking, go to www.CHANTIX.com or call 1-877-CHANTIX (877-242-6849).

What are the ingredients in CHANTIX?

Active ingredient: varenicline tartrate

Inactive ingredients: microcrystalline cellulose, anhydrous dibasic calcium phosphate, croscarmellose sodium, colloidal silicon dioxide, magnesium stearate, Opadry® White (for 0.5 mg), Opadry® Blue (for 1 mg), and Opadry® Clear (for both 0.5 mg and 1 mg)

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Revised April 2010

This Medication Guide has been approved by the U.S. Food and Drug Administration.

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Vintage finds, what they're worth, and an heirloom necklace valued at $9,000!

Drugstore Delights

Gorgeous 19th-century toiletry containers prove it's not always what's inside that counts.

Clockwise from top: Appraised at $500, this American shaving-cream pot dates to the 1870s; the turn-of-the-century French and circa 1880s British toothpaste jars rate $750 and $1,000, respectively.

PHOTOGRAPH BY LARA ROBBY/STUDIO D

Continued on next page >

Written by Katy McColl

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During the second half of the 19th century, drugstore goods like cold cream and toothpaste came in ceramic pots pretty enough to be considered keepsakes. But at the time, says Canadian collector Bruce Pynn, "they were disposable items, just like a tube of Crest now." The containers also served as marketing tools for pharmacists, "who packaged their own products and stamped advertisements on the lids," adds Pynn. Today, those tops, called pot lids, draw collectors with their quirky imagery. The pots themselves rarely affect value. Provenance, too, has little to do with worth, though most examples hail from England and, less often, America and France. Instead, scarcity and graphics drive prices, which typically range from $50 to $1,500. You'll find these jars at antiques shops, but for optimum hunting, try the annual Federation of Historical Bottle Collectors show *(fohbc.com)*.

SHAVING CREAM A detailed, if counterintuitive, image—this gent has nicked himself—ratchets up the value of this 1860s American treasure to $1,500.

EYE OINTMENT A mini balm pot from the 1880s earns only $50—not because of size, but due to unknown origin.

HAIR POMADE Philly perfumer Jules Hauel made a splash at the 1851 London World's Fair selling bear-fat oil as a baldness cure. Today, this example is worth $500.

COLD CREAM This California jar from the 1870s, worth $500, features handsome lettering, gold-tone edging, and a rare two-color design.

TOOTHPASTE Thanks to its cherry-hued background and a portrait of Queen Victoria, this 1900 UK box commands a royal sum of $1,500.

PHOTOGRAPH BY J MUCKLE/STUDIO D

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PHOTOS: LUCAS ALLEN

CountryLiving homegreenhome

Our 2010 House of the Year

Look for our **Home Green Home editorial feature** showcasing Country Living's 2010 House of the Year in the **November 2010** issue! Country Living has partnered with New World Home to create a line of historically inspired green modular homes with our 2010 House of the Year as the debut of that collection.

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What Is It? What Is It Worth?

Our antiques specialist, **HELAINE FENDELMAN**, appraises your finds and collectibles.

A friend gave me these fun "Name Your Poison" tumblers. What can you tell me about them?

—P.R., Louisville, Kentucky

WHAT IT IS: 1960s WHISKEY GLASSES

After World War II, an optimistic and increasingly suburban America embraced the at-home cocktail hour—leading to a glut of novelty barware that included toxin-themed glasses like these. Two companies, Georges Briard and Ceraglass, began making "Name Your Poison" sets in the 1950s, issuing them in different shapes with varying graphics. Ceraglass manufactured this particular version, likely in the late '60s. Though the tumblers came in sets of four, six, and eight, yours is a mixed batch: Only the "curare" glass sports a gold mortar-and-pestle icon, while the others feature a skull and crossbones. This type of novelty ware rarely fetches big money, but apothecary-related collectibles are on the rise. The fact that your tumblers have the original stirrers boosts aesthetic and financial value.

WHAT IT'S WORTH: $80

PHOTOGRAPH BY J MUCKLE/STUDIO D

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My family won this W.W. Kimball piano and bench at auction a number of years ago for $800. Did we pay too much?

—J.K., Midland, Michigan

WHAT IT IS: 1893 UPRIGHT PIANO

Not at all! Though the Chicago-based W.W. Kimball Piano Company isn't as well known as Steinway or Baldwin, it produced beautifully crafted instruments from 1857 until 1996. The one you bought, Style 5, dates to 1893. Made of quartersawn oak, this model was sold with various decorative panels—including yours, which features an embossed oak-leaf motif set against a stippled background. The piano's case appears well preserved, but its original strings and frets suffer from wear and tear. So while your auction score's worth almost double what you paid, it could sell for more than $10,000 if fully restored.

WHAT IT'S WORTH: $1,500

I bought this toy, stamped "Baldwin Mfg. Co., Brooklyn, NY," at a flea market for $20. Any idea what it's worth?

—M.K., Princeton, New Jersey

WHAT IT IS: 1930s BINGO SPINNER

Your painted-tin curiosity was originally part of a larger animal-themed bingo set made in the late 1930s by Baldwin, a now-defunct manufacturer of popular children's toys. Twist the dog's nose and the wheel spins, landing on a critter that once corresponded to paper bingo cards and wood chips. If the entire game remained intact and in perfect condition, with its original box, your flea-market find's value might reach $100. Still, you got a deal.

WHAT IT'S WORTH: $45

This necklace has belonged to my aunt since she was a teenager in Austria. She believes Wiener Werkstätte made it. Is that right?

—H.W., Evansville, Indiana

WHAT IT IS: CIRCA 1910 AUSTRIAN JEWELRY

At the end of the 19th century, Vienna gave birth to the aesthetic Secession movement, a backlash against traditional art. Two of the followers, Josef Hoffmann and Koloman Moser, established the progressive Wiener Werkstätte (Vienna Workshops) in 1903 to make everything from jewelry to furniture to buildings, all of extremely high quality. (Their motto: Better to work 10 days on one product than to manufacture 10 products in one day.) Your aunt's necklace does appear to have been created in Vienna around 1910, though not by the Wiener Werkstätte, which didn't use beading for several more years. The materials (black glass, coral, and silver) and geometric pattern look like the work of Amalie Szeps, who was a Werkstätte member but likely crafted this piece independently. In its day, your necklace probably cost a few hundred dollars; now it would fetch 30 times that amount!

WHAT IT'S WORTH: $9,000

PHOTOGRAPH BY (BINGO SPINNER) PHILIP FRIEDMAN/STUDIO D

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To relieve vaginal discomfort after menopause, you may want to look past just the surface.

Another Pearl of Wisdom from PREMARIN Vaginal Cream. While you use it, it actually restores vaginal tissue to help relieve vaginal dryness and painful intercourse.

If you've gone through menopause and are experiencing vaginal dryness and discomfort, you might want a treatment that works beyond the surface. Menopause can cause changes in the vaginal tissues, causing uncomfortable symptoms. PREMARIN Vaginal Cream can treat the underlying cause of these symptoms by restoring the tissues that support elasticity and provide natural lubrication. And you don't need to keep using it forever—just as long as you need treatment.

Important Safety Information

What is the most important information I should know about PREMARIN Vaginal Cream (an estrogen mixture)?

- Using estrogen-alone may increase your chance of getting cancer of the uterus (womb)
  Report any unusual vaginal bleeding right away while you are using PREMARIN Vaginal Cream. Vaginal bleeding after menopause may be a warning sign of cancer of the uterus (womb). Your healthcare provider should check any unusual vaginal bleeding to find the cause.
- Do not use estrogen-alone to prevent heart disease, heart attacks, strokes or dementia (decline in brain function)
- Using estrogen-alone may increase your chances of getting strokes or blood clots
- Using estrogen-alone may increase your chance of getting dementia, based on a study of women 65 years or older
- Do not use estrogens with progestins to prevent heart disease, heart attacks, or dementia
- Using estrogens with progestins may increase your chances of getting heart attacks, strokes, breast cancer, or blood clots
- Using estrogens with progestins may increase your chance of getting dementia, based on a study of women age 65 years or older
- You and your healthcare provider should talk regularly about whether you still need treatment with PREMARIN Vaginal Cream

PREMARIN® Vaginal Cream is used after menopause to treat menopausal changes in and around the vagina and to treat painful intercourse caused by these changes.

It should not be used if you have unusual vaginal bleeding, have or had cancer of the breast or uterus, had a stroke or heart attack, have or had blood clots or liver problems, are allergic to any of its ingredients, or think you may be pregnant. Most common side effects include headache, infection, abdominal pain, back pain, accidental injury, and vaginitis.

Please see Patient Information on following page. ***You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.***

Ask your healthcare provider

HELP RELIEVE AND RESTORE WHAT'S YOURS.

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PATIENT INFORMATION

PREMARIN® (conjugated estrogens) Vaginal Cream

Read this PATIENT INFORMATION before you start using PREMARIN Vaginal Cream and read what you get each time you refill your PREMARIN Vaginal Cream prescription. There may be new information. This information does not take the place of talking to your healthcare provider about your menopausal symptoms and their treatment.

What is the most important information I should know about PREMARIN Vaginal Cream (an estrogen mixture)?

- Using estrogen-alone may increase your chance of getting cancer of the uterus (womb). Report any unusual vaginal bleeding right away while you are using PREMARIN Vaginal Cream. Vaginal bleeding after menopause may be a warning sign of cancer of the uterus (womb). Your healthcare provider should check any unusual vaginal bleeding to find the cause.
- Do not use estrogen-alone to prevent heart disease, heart attacks, strokes or dementia (decline in brain function)
- Using estrogen-alone may increase your chances of getting strokes or blood clots
- Using estrogen-alone may increase your chance of getting dementia, based on a study of women age 65 years or older
- Do not use estrogens with progestins to prevent heart disease, heart attacks, or dementia
- Using estrogens with progestins may increase your chances of getting heart attacks, strokes, breast cancer, or blood clots
- Using estrogens with progestins may increase your chance of getting dementia, based on a study of women age 65 years or older
- You and your healthcare provider should talk regularly about whether you still need treatment with PREMARIN Vaginal Cream

What is PREMARIN Vaginal Cream?

PREMARIN Vaginal Cream is a medicine that contains a mixture of estrogen hormones.

What is PREMARIN Vaginal Cream used for?

PREMARIN Vaginal Cream is used after menopause to:

- **Treat menopausal changes in and around the vagina.** You and your healthcare provider should talk regularly about whether you still need treatment with PREMARIN Vaginal Cream to control these problems.
- **Treat painful intercourse caused by menopausal changes of the vagina.**

Who should not use PREMARIN Vaginal Cream?

Do not start using PREMARIN Vaginal Cream if you:

- **Have unusual vaginal bleeding**
- **Currently have or have had certain cancers**
  Estrogens may increase the chance of getting certain types of cancers, including cancer of the breast or uterus. If you have or have had cancer, talk with your healthcare provider about whether you should use PREMARIN Vaginal Cream.
- **Had a stroke or heart attack**
- **Currently have or have had blood clots**
- **Currently have or have had liver problems**
- **Are allergic to PREMARIN Vaginal Cream or any of its ingredients**
  See the list of ingredients in PREMARIN Vaginal Cream at the end of this leaflet.
- **Think you may be pregnant**

Tell your healthcare provider:

- **If you have any unusual vaginal bleeding.** Vaginal bleeding after menopause may be a warning sign of cancer of the uterus (womb). Your healthcare provider should check any unusual vaginal bleeding to find the cause.
- **About all of your medical problems**. Your healthcare provider may need to check you more carefully if you have certain conditions, such as asthma (wheezing), epilepsy (seizures), diabetes, migraine, endometriosis, lupus, or problems with your heart, liver, thyroid, kidneys, or have high calcium levels in your blood.
- **About all the medicines you take.** This includes prescription and nonprescription medicines, vitamins, and herbal supplements. Some medicines may affect how PREMARIN Vaginal Cream works. PREMARIN Vaginal Cream may also affect how your other medicines work.
- **If you are going to have surgery or will be on bedrest**. You may need to stop using PREMARIN Vaginal Cream.
- **If you are breast feeding**. The hormones in PREMARIN Vaginal Cream can pass into your milk.

How should I use PREMARIN Vaginal Cream?

PREMARIN Vaginal Cream is a cream that you place in your vagina with the applicator provided with the cream.

- Take the dose recommended by your healthcare provider and talk to him or her about how well that dose is working for you
- Estrogens should be used at the lowest dose possible for your treatment only as long as needed. You and your healthcare provider should talk regularly (for example, every 3 to 6 months) about the dose you are taking and whether you still need treatment with PREMARIN Vaginal Cream

1. Remove cap from tube.
2. Screw nozzle end of applicator onto tube.
3. *Gently* squeeze tube from the *bottom* to force sufficient cream into the barrel to provide the prescribed dose. Use the marked stopping points on the applicator to measure the correct dose, as prescribed by your healthcare provider.
4. Unscrew applicator from tube.
5. Lie on back with knees drawn up. To deliver medication, gently insert applicator deeply into vagina and press plunger downward to its original position.

TO CLEANSE: Pull plunger to remove it from barrel. Wash with mild soap and warm water. DO NOT BOIL OR USE HOT WATER.

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What are the possible side effects of PREMARIN Vaginal Cream?

PREMARIN Vaginal Cream is only used in and around the vagina; however, the risks associated with oral estrogens should be taken into account.

Side effects are grouped by how serious they are and how often they happen when you are treated.

Serious, but less common side effects include:

- Breast cancer
- Stroke
- Blood clots
- Gallbladder disease
- High blood pressure
- High blood sugar
- Cancer of the uterus
- Heart attack
- Dementia
- Ovarian cancer
- Liver problems
- Enlargement of benign tumors of the uterus ("fibroids")

Some of the warning signs of these serious side effects include:

- Breast lumps
- Dizziness and faintness
- Severe headaches
- Shortness of breath
- Changes in vision
- Yellowing of the skin, eyes, or nail beds
- Unusual vaginal bleeding
- Changes in speech
- Chest pain
- Pains in your legs
- Vomiting

Call your healthcare provider right away if you get any of these warning signs, or any other unusual symptoms that concern you.

Less serious, but common, side effects include:

- Headache
- Irregular vaginal bleeding or spotting
- Nausea and vomiting
- Fluid retention
- Breast pain
- Stomach/abdominal cramps, bloating
- Hair loss
- Vaginal yeast infection
- Reactions from inserting PREMARIN Vaginal Cream, such as vaginal burning, irritation, and itching

These are not all the possible side effects of PREMARIN Vaginal Cream. For more information, ask your healthcare provider or pharmacist for advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

What can I do to lower my chances of getting a serious side effect with PREMARIN Vaginal Cream?

- Talk with your healthcare provider regularly about whether you should continue using PREMARIN Vaginal Cream
- If you have a uterus, talk with your healthcare provider about whether the addition of a progestin is right for you. The addition of a progestin is generally recommended for a woman with a uterus to reduce the chance of getting cancer of the uterus. See your healthcare provider right away if you get vaginal bleeding while using PREMARIN Vaginal Cream
- Have a pelvic exam, breast exam and mammogram (breast X-ray) every year unless your healthcare provider tells you something else. If members of your family have had breast cancer or if you have ever had breast lumps or an abnormal mammogram, you may need to have breast exams more often
- If you have high blood pressure, high cholesterol (fat in the blood), diabetes, are overweight, or if you use tobacco, you may have higher chances for getting heart disease. Ask your healthcare provider for ways to lower your chances for getting heart disease.

General information about the safe and effective use of PREMARIN Vaginal Cream

Medicines are sometimes prescribed for conditions that are not mentioned in patient information leaflets. Do not use PREMARIN Vaginal Cream for conditions for which it was not prescribed. Do not give PREMARIN Vaginal Cream to other people, even if they have the same symptoms you have. It may harm them. **Keep PREMARIN Vaginal Cream out of the reach of children.**

Latex or rubber condoms, diaphragms and cervical caps may be weakened and fail when they come into contact with PREMARIN Vaginal Cream.

This leaflet provides a summary of the most important information about PREMARIN Vaginal Cream. If you would like more information, talk with your healthcare provider or pharmacist. You can ask for information about PREMARIN Vaginal Cream that is written for health professionals. You can get more information by calling the toll free number 1-800-934-5556.

What are the ingredients in PREMARIN Vaginal Cream

PREMARIN Vaginal Cream contains a mixture of conjugated estrogens, which are a mixture of sodium estrone sulfate and sodium equilin sulfate and other components, including sodium sulfate conjugates: 17 α-dihydroequilin, 17 α-estradiol, and 17 β-dihydroequilin. PREMARIN Vaginal Cream also contains cetyl esters wax, cetyl alcohol, white wax, glyceryl monostearate, propylene glycol monostearate, methyl stearate, benzyl alcohol, sodium lauryl sulfate, glycerin, and mineral oil.

PREMARIN (conjugated estrogens) Vaginal Cream—Each gram contains 0.625 mg conjugated estrogens, USP.

Combination package: Each contains a net wt. 1.5 oz (42.5 g) tube with one plastic applicator calibrated in 0.5 g increments to a maximum of 2 g (NDC 0046-0872-93).

Store at 20° to 25°C (68° to 77°F); excursions permitted to 15° to 30°C (59° to 86°F) [see USP Controlled Room Temperature].

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Halloween tricks, treats, and pumpkins galore—plus bulbs to plant now for spring glory

Get Crafty!

Four seasonally spooky projects you can tackle in a flash

Transform a portrait with a construction-paper mask.

When prepping for the holiday, don't forget to costume *everyone*—even folks in paintings and photos. Black construction paper, scissors, and low-tack artists' tape *($2.99; dickblick.com)* were all it took to ready this blushing bride for a masquerade ball. (Other easy embellishments: red devil horns and white fangs.) Just resist the urge to disguise priceless artwork that's not protected by glass.

PHOTOGRAPH BY JOHN KERNICK; STYLING BY CHRISTINA LANE

Continued on next page >

Written by Jourdan Crouch

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Turn lollipops into a grave affair.

To make these clever covers for candy suckers, download a tombstone image (on countryliving.com/halloween) and follow the steps below:

STEP ONE For each lollipop, print and cut out two tombstones, then glue them, faceup, to a sheet of black construction paper with a glue stick. When dry, cut around each tombstone, leaving a black construction-paper border, as shown.

STEP TWO Turn one tombstone facedown and glide the glue stick along its outer edges at the top and sides only. Place the other tombstone on top of it, faceup. Press the edges together to create one cover. Let dry.

STEP THREE Use a fine-tipped black Sharpie to spell out "RIP"—or a guest's name—on one side.

STEP FOUR Repeat directions above to create additional lollipop covers. Insert candy. Place floral foam in a bowl and stand lollipops in the foam. Then fill the bowl with crushed Oreos to serve as the dirt in your graveyard.

Give paper dolls a poisonous twist.

The classic schoolgirl pastime graduates from cute craft to gothic decor with our templates for spiders, bones, and skulls (on countryliving.com/halloween).

STEP ONE Cut a 5"W x 18"L strip from a 12"W x 18"L sheet of construction paper. Measure in three inches from one of the five-inch ends and mark. From there, measure and mark four more times.

STEP TWO Fold paper at the first mark. Then flip over and fold again at the next mark. Keep flipping and folding, making an accordion shape.

STEP THREE Print the template of your choice and cut as directed.

STEP FOUR Center it atop the folded paper, and trace around the shape with a pencil.

STEP FIVE Carefully cut out the shape, going through all the layers of folded paper, and unfold to reveal. To create a longer row, repeat steps and adhere garlands together with tacky glue.

PHOTOGRAPHS BY (TOP) LAURA MOSS, STYLING BY CHRISTINA LANE; (BOTTOM) PHILIP FRIEDMAN/STUDIO D

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Create a host of friendly ghosts.

These spirited little fellows are a cinch to make once you've set up a workstation. To do so, stack one small paper cup atop another that's turned upside down. (For extra stability, tape the cups together.) Inflate a small balloon and rest it in the top cup. Cut cheesecloth into pieces that measure about eight inches square and fill a bowl with fabric stiffener *($5.99; joann.com)*.

STEP ONE Soak a piece of cheesecloth in fabric stiffener and immediately drape it over the balloon. Let dry for 10 minutes.

STEP TWO Pop the balloon with a pin to reveal a hardened shape. Cut two tiny circles out of black felt for eyes and affix them to the ghost with tacky glue.

STEP THREE Remove the ghost from cup and use your fingers to rough up the ends. Thread fishing line through the top of each ghost, securing with a knot to hang.

PHOTOGRAPHS BY (FAR LEFT) PHILIP FRIEDMAN/STUDIO D (3); (NEAR LEFT) LAURA MOSS; STYLING BY CHRISTINA LANE

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Tricked-Out Treats

Ellen Sternau *(left)* and Beth Pilar

Two pros share the secret to easy, adorable Halloween desserts.

Fondant, that thick, structural frosting favored by pastry chefs, offers a surprisingly simple way to dress up even the most humble baked goods. And in this story, Ellen Sternau and Beth Pilar, of Manhattan's How Sweet It Is bakery, prove it—using the stuff to transform store-bought desserts. If you prefer to start from scratch, find recipes on countryliving.com/cake. Either way, the process is a snap. As for the genius results? Consider them icing on the cake.

WIN THIS!

Enter to win these witch-silhouette stamps at countryliving.com/win.

Witch Crafting

Believe it or not, Sternau and Pilar created these silhouettes with rubber stamps (*$25 for two, Rubber Stamps; 212-675-1180*). Using a cookie cutter or a glass, cut fondant* into circles and leave out overnight to stiffen. Paint a clean rubber stamp with black food coloring and press image onto the circles. If needed, fill in bare spots with a small paintbrush dipped in food coloring. Just before serving, place the circles on top of cupcakes with buttercream frosting.

* Fondant is available, in various colors, at craft stores like Michaels and Jo-Ann. For the sweets in this story, microwave it for 8 to 10 seconds, then roll out to ¼-inch thickness.

PHOTOGRAPHS BY JOHN KERNICK

GO TO COUNTRYLIVING.COM to find recipes for yellow cakes and cupcakes, as well as buttercream frosting.

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Going Batty

To create this fearsome flock, first measure the height and width of your cake (this one's composed of two layers, held together by buttercream frosting in the middle). Next, double the height and then add the width plus one extra inch to determine the diameter to which you should roll out your fondant (you'll get one big number). Center and drape the rolled-out fondant over the cake. Begin molding it to the sides, loosening any folds by gently lifting and tucking the fondant back down. Smooth with your hands. Trim away excess from the bottom with a pizza cutter. Then roll out black and orange fondant separately and use cookie cutters *($1 for a 1¾-inch or 4½-inch bat; randm.us)* to make bats. Dampen the backs of the bats with a clean, wet fingertip and press them onto the cake.

PHOTOGRAPHS BY ARTISTNAMETK

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Power in Numbers

Gather pumpkins en masse to form these wicked-smart scenes.

PHOTOGRAPHS BY JOHN KERNICK

Out on a limb

A sturdy bookcase provides the structure needed for this painted-tree idea to take root.

STEP ONE Begin by experimenting with the placement of pumpkins on your shelves. Your tree should gradually widen toward the top, with multiple smaller gourds on higher shelves. Also, if there's a good deal of space between two shelves, you may need to stack pumpkins to fill it (as we did on the bottom shelf here). In that case, trim any stems that interfere with stacking stability. (Concerned about the heft of pumpkins on a particular shelf? Opt for lightweight, faux Funkins. *$16–$42; funkins.com*)

STEP TWO Using this photo as a guide, draw the outline of a tree onto the pumpkins with a felt-tip pen. Start at the bottom and branch out as you move up. (You may need to use a stepladder to reach upper shelves.)

STEP THREE Working one shelf at a time, remove the pumpkins and fill in your outlines with a fine-tip brush and black flat acrylic paint (*$1.39 for two ounces; createforless.com*). Let dry and replace pumpkins in your bookcase.

By Christina Lane and Marissa Corwin

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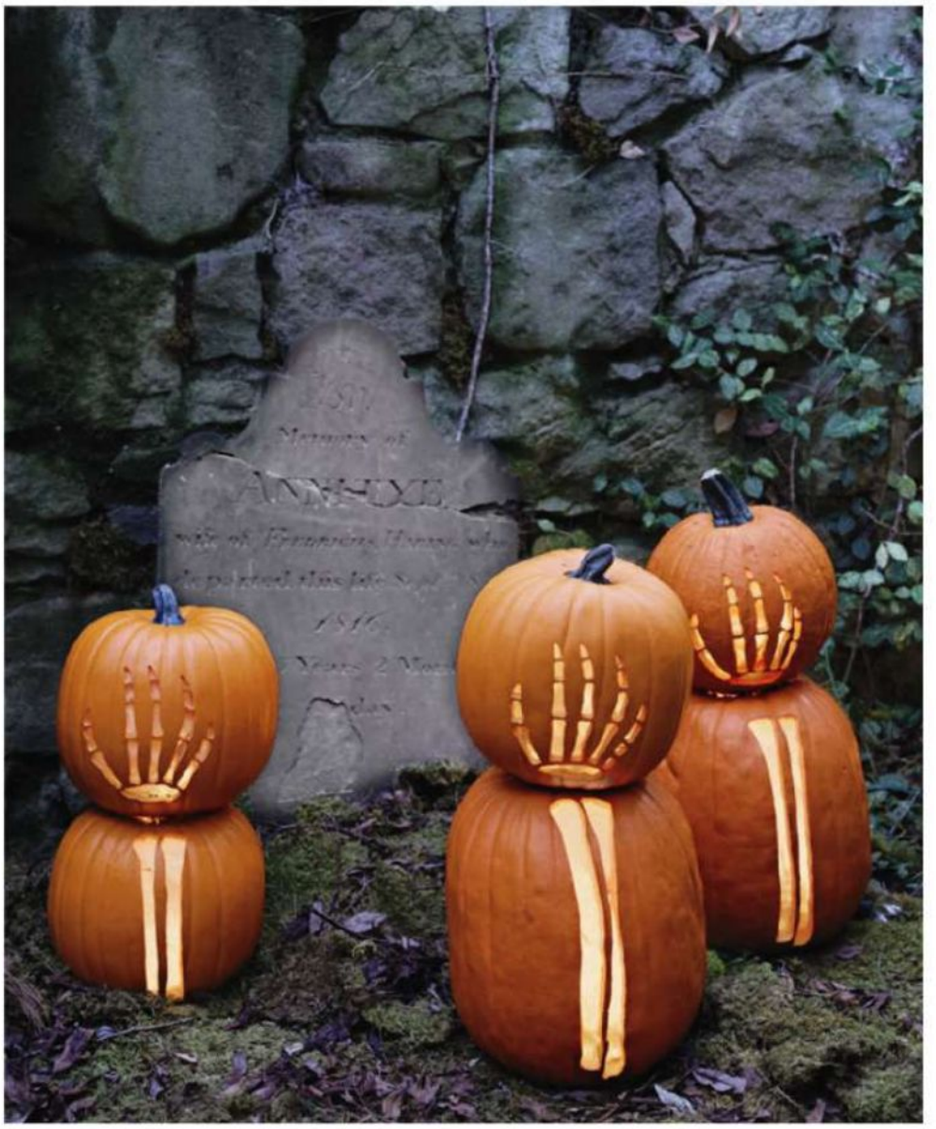
Bookcase, $1,790; maine cottage.com. Armchair, $1,100; theoldvillagehall.com.



Last grasp

These carvings look as if they're reaching from beyond the grave.

STEP ONE Select a pair of pumpkins to form each arm-hand combo. Determine which gourd will serve as the arm (usually the taller one) and trim its stem so the other pumpkin can rest securely on top. Carve a hole in the bottoms of both, scoop out the pulp, and return the cut pieces.

STEP TWO Print out our skeletal templates on countryliving.com/halloween and resize on a copier, scaling the images to fit your pumpkins.

STEP THREE Cut out stencils as directed on the templates and affix the arm stencil to the bottom pumpkin with masking tape. Trace on the design with a felt-tip pen. Repeat the process on the other pumpkin, using the hand template.

STEP FOUR Remove stencils, then carefully carve along the drawn lines with an X-Acto knife. Affix a battery-operated votive candle *($14.99 for 10; bedbathandbeyond.com)* in the base of each pumpkin with adhesive putty *($2.09 for two ounces; officedepot.com)*, then stack. Repeat to create a graveyard effect.

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Bright lights, little city

A passel of pumpkins provides the backdrop for a quaint village scene.

STEP ONE Carve a hole in the bottom of each pumpkin, scoop out the pulp, and return the cut pieces.

STEP TWO Print out house templates on countryliving.com/halloween. Resize on a copier, scaling the images to fit your pumpkins.

STEP THREE Cut out stencils as directed on the templates and affix to pumpkins with masking tape. Trace on the designs with a felt-tip pen.

STEP FOUR Remove stencils, then carefully carve along the drawn lines of the houses' windows with an X-Acto knife. Fill in the designs using a fine-tip brush and black flat acrylic paint; let dry. Affix a battery-operated votive candle in the base of each pumpkin with adhesive putty.

PHOTOGRAPHS BY ARTISTNAME/TK

Great balls of fire

Set your hearth ablaze with these rip-roaring flames.

STEP ONE Begin by experimenting with the placement of pumpkins in your fireplace. Once you're satisfied with the arrangement, trim any stems that interfere with stacking stability, then determine how many flames each gourd should get. (Use this photo as a guide.) Note where each pumpkin goes and dismantle the arrangement.

STEP TWO Carve a hole in the bottom of each pumpkin, scoop out the pulp, and return the cut pieces.

STEP THREE Print out flame templates on countryliving.com/halloween and resize on a copier, scaling the images to fit your pumpkins.

STEP FOUR Cut out stencils as directed on the templates and affix to pumpkins with masking tape. Trace on the designs with a felt-tip pen.

STEP FIVE Remove stencils, then carefully carve along the drawn lines with an X-Acto knife. Affix a battery-operated votive candle in the base of each pumpkin with adhesive putty. Finish by restoring your arrangement.

VISIT COUNTRYLIVING.COM/HALLOWEEN to print out our pumpkin templates.

More at ebook-free-download.net or magazinesdownload.com

The Allure of Alliums

A range of colors, shapes, and sizes makes these ornamental onions a key garden ingredient.

You already know the allium for the deliciously pungent role it plays in the kitchen, but this genus also has a showy side. Ornamental onions come in more than 200 cultivated varieties—from tiny, tight magenta balls to blush starbursts that measure 16 inches wide. Plus they're cold-hardy, drought-tolerant, and deer-resistant. The catch? To enjoy these blooms next spring and summer, you've got to plant bulbs now. Good thing, then, that the facing page contains all the information you need to get started.

Ornamental Allium giganteum (left) pairs with its edible counterpart A. schoenoprasum, a.k.a. chives.

PHOTOGRAPHS BY (THIS PAGE) PHOTOLIBRARY; (OPPOSITE, CLOCKWISE FROM TOP LEFT) GAP PHOTOS (2); ROB CARDILLO; GAP PHOTOS; PHOTOLIBRARY (2)

Written by Melissa Ozawa

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Six standout selections and how to grow them

As with most bulbs, alliums should be planted in early to mid-fall, depending on your region. Beyond good drainage and at least partial sunlight, these perennials don't require much to thrive. But there is one bit of design advice worth considering: Because the foliage of ornamental onions often withers before their blossoms appear, site them in beds with low-growing plants like lady's mantle, yarrow, and lavender to hide the less-than-stellar greenery. Don't remove those withered leaves though, as they provide much-needed nutrients for next year's flowers.

Allium karataviense

Zones 4-9

Come late spring, this 10-inch-tall species boasts blossoms the width of softballs. Thick leaves with staying power make it suitable for the front of a border.

A. giganteum

Zones 4-9

In addition to being one of the tallest alliums, this five-foot-high giant lives up to its imposing name with grapefruit-size violet poufs in early summer.

A. bulgaricum

Zones 5-10

A ladylike cluster of ivory bells, streaked with plum and green, crowns this three-foot-tall beauty, which blooms late spring through early summer.

A. flavum

Zones 4-9

This sweet-smelling option features cascading lemon-yellow flowers that appear in midsummer. It tops out at about 12 inches high.

A. schubertii

Zones 5-9

Resembling a firework suspended in midair, this rosy stunner brings drama to borders. The volleyball-size bloom opens in late spring atop an 18-inch stem.

A. sphaerocephalon

Zones 4-9

The one-inch conical flowers of this 416-year-old allium, which grows up to two feet tall, emerge green in early summer but mature to magenta.

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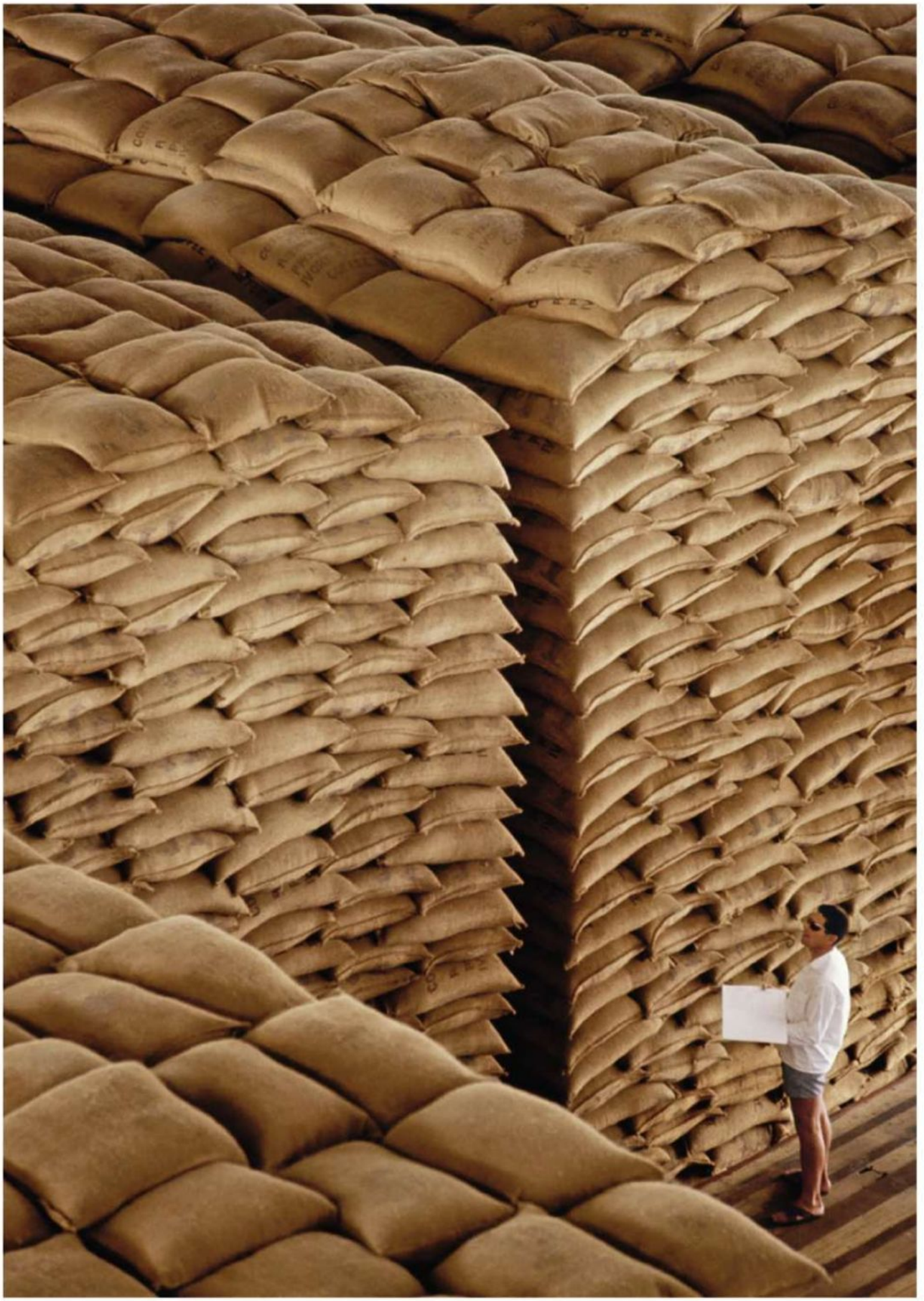

Bruce Dale *for* National Geographic

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Will the Internet kill magazines? Did instant coffee kill coffee?

New technologies change many things. But not everything. You may surf, search, shop and blog online, but you still read magazines. And you're far from alone.

Readership has actually increased over the past five years. Even the 18-to-34 segment continues to grow. And typical young adults now read more issues per month than their parents. Rather than being displaced by "instant" media, it would seem that magazines are the ideal complement.

The explanation, while sometimes drowned out by the Internet drumbeat, is fairly obvious. Magazines do what the Internet doesn't. Neither obsessed with immediacy nor trapped by the daily news cycle, magazines promote deeper connections. They create relationships. They engage us in ways distinct from digital media.

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Including coffee.

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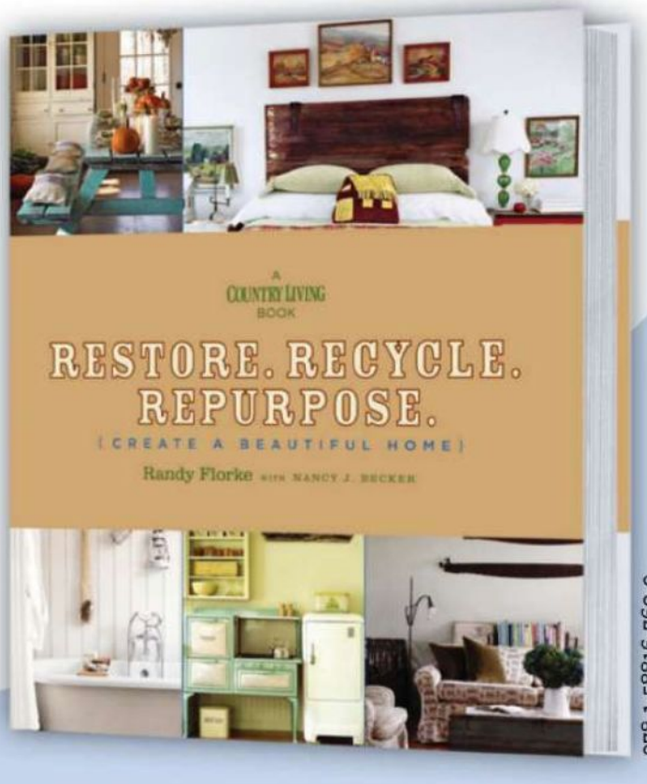

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out and about

Marvelous mini-vacations, pet advice from our country vet, and "Real Estate Sampler"

Five Reasons to Plan a Weekend Getaway

From Vermont's annual antiques bonanza to a (free!) A-list concert in California, these fall festivals pack tons of fun into two short days.

PHOTOGRAPH BY CORBIS IMAGES

1. Albuquerque International Balloon Fiesta

WHERE Albuquerque, New Mexico **WHY GO** If you've ever wanted to explore this Southwestern city—with its stunning mountains, volcanoes, and historic architecture—October 9 and 10 is the time to make the trip. That's when the world's biggest hot-air balloon festival wraps up a week of races with mass ascensions on both Saturday and Sunday, as 600 balloons float together at sunrise *($6 a day; balloonfiesta.com).* **DON'T MISS** Splurge on your very own balloon ride *($375 per person; rainbowryders.com; 800-725-2477).* **STAY HERE** The 118-room Inn at Rio Rancho offers a heated pool and access to the fiesta's free shuttle *(from $89; riorancho-inn.com).*

Continued on next page >

Written by Monica Michael Willis

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2. Hardly Strictly Bluegrass Festival

WHERE San Francisco **WHY GO** What's not to love about a free concert headlined by Emmylou Harris *(left)*, Steve Earle, Rosanne Cash, and Doc Watson? Held October 1–3 in Golden Gate Park, this music fest offers the perfect excuse for kicking back on a blanket or dancing the day away *(strictly bluegrass.com)*. **DON'T MISS** The Ferry Building Marketplace brings some of the Bay Area's best food purveyors together in one spot. Hit up Cowgirl Creamery for cheese, Boccalone Salumeria for prosciutto, and Scharffen Berger Chocolate Maker for sweets—a perfect picnic to take to the show, located about seven miles away *(ferrybuildingmarketplace.com)*. **STAY HERE** The Stanyan Park Hotel, a pretty Victorian with 36 guest rooms, sits within walking distance of Golden Gate Park *(from $155; stanyanpark.com)*.

"I wouldn't miss this for the world," Emmylou Harris has said of the Hardly Strictly Bluegrass Festival. "There's so much great music!"

3. Wellfleet OysterFest

WHERE Wellfleet, Massachusetts **WHY GO** Shellfish doesn't get any fresher—or cheaper. At this Cape Cod bash (October 16 and 17), oysters pulled straight from Wellfleet Harbor star in everything from chowder to pasta dishes. Or you can eat 'em raw for less than $2 a pop. Plus Sam Adams brews a special beer just for the event *(wellfleetoysterfest.org)*. **DON'T MISS** At the rowdy Oyster Shuck-Off contest, last year's winner popped open 24 bivalves in just over two minutes. **STAY HERE** Built circa 1775 by a sea captain in nearby Provincetown, the Fairbanks Inn offers loads of period charm *(from $149; fairbanksinn.com)*.

4. Weston Antiques Show

WHERE Weston, Vermont **WHY GO** Known for its impressive array of fine 19th-century American furniture, paintings, estate jewelry, textiles, and more, this event reigns as the crown jewel of a two-county antiques roundup that takes place the first weekend in October *(an $8 admission fee to the Weston show supports local historic preservation; westonantiquesshow.org)*. **DON'T MISS** It's a quick drive to the other antiques fairs in Ludlow, Manchester Center, and Peru. **STAY HERE** Just steps from the village green, the historic 13-room Inn at Weston boasts an orchid-filled greenhouse *(from $235; innweston.com)*.

5. New York State Sheep & Wool Festival

WHERE Rhinebeck, New York **WHY GO** This Hudson Valley fair (October 16 and 17) celebrates the agrarian life with shearing demos, sheepdog exhibitions, and a petting zoo, as well as wine tastings of reds and whites from regional vineyards *($12 admission; sheepandwool.com)*. **DON'T MISS** October marks the peak of fall foliage along Route 9, which runs parallel to the Hudson River. Make a pit stop about a mile south of the festival at Terrapin restaurant, for burgers made from locally raised beef *(845-876-3330)*. **STAY HERE** Book a room at Rhinebeck's Beekman Arms, a landmark 1766 hotel that hosted guests of Chelsea Clinton's recent wedding *(from $130; beekmandelamaterinn.com)*.

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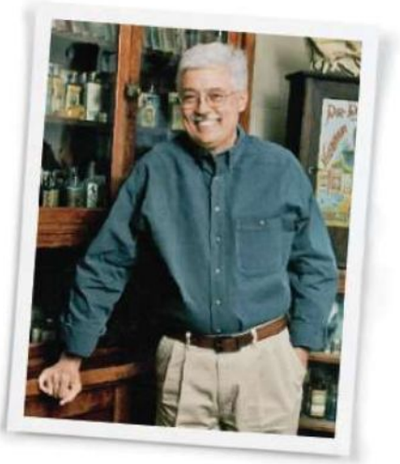
Ask a Country Vet

Which goats produce the most milk? Why is my cat avoiding her litter box? And how can I lift a grieving dog's spirits? DR. ROB SHARP of Hillsboro, Ohio, has answers.



Q I just moved to a new home with several acres of land, and I'd like to raise goats. What breeds are considered the best milk producers? *—K.R., Nipomo, California*

A The clowns of the barnyard, goats tend to be gentle, intelligent, and inquisitive animals. Though some 200 different breeds exist, only a half dozen are generally raised for their milk. Of these, I'd recommend you focus on Toggenburgs, Saanens, La Manchas, and Nubians.

If milk quantity is your main concern, consider Toggenburgs, the oldest dairy breed in the world, or Saanens *(left)*, which reign as the most popular choice for commercial dairies but are also well suited for small farms. Should you want a pet as well as a good milker, La Manchas earn praise for their calm, sweet dispositions. Looking to make cheese? Droopy-eared Nubians garner raves for their milk's higher-than-average butterfat content.

Since goats are herd animals, be sure to purchase at least two. And whichever breed you choose, buy the goats locally, as they'll be accustomed to your region's climate and less likely to feel stressed by the move to your property.

PHOTOGRAPH BY DAN NELKEN

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Q All of a sudden my cat, Brigitte, has started urinating just outside her litter box. Any advice on how to reverse this disturbing trend? *—C.D., Conway, Arkansas*

A Because Brigitte isn't relieving herself in a variety of locations, which can be a common sign of a urinary-tract infection, let's assume that she has developed an aversion to her litter box. In general, cats prefer a roomy, clean "bathroom" in a quiet spot, away from noisy appliances and active doorways. If your litter box has a hood, that could be a problem, too, as the top can trap odors and make some animals feel caged in. Other things to consider: the texture of the litter and the height of the box, especially if Brigitte's elderly.

To get her back on track, start with a new pan; it should be large, uncovered, and filled with unscented, nonclumping litter. If she still refuses to use it, try luring her by mixing in Cat Attract, an all-natural additive with an earthy scent that many felines find irresistible *($13 for 20 ounces; amazon.com)*.

And finally, be patient. If you catch Brigitte going next to the box, resist the urge to pick her up and place her in it. The last thing you want is a cat who associates her litter box with punishment.

Q Our 13-year-old retriever died recently, and our wheaten terrier has seemed depressed ever since. She's not eating, and I'm really concerned. What can we do to raise her spirits? *—J.T., Kirksville, Missouri*

A I know you wish you could help your wheaten, but time's the only thing that truly heals this wound. Canines are pack animals, with their own hierarchy, and any two-pup household will have a dominant (alpha) member. This top dog decides when the others eat, venture outside, and even play. My guess? Your retriever held the alpha position, so your wheaten misses not just her friend but also her leader. It may take a couple of weeks or a couple of months, although the good news is that your pet will eventually act like her old self again. She simply needs to learn how to navigate the world on her own and realize that she's the boss now.

And just in case you're wondering: Adopting a new dog too soon could prove more stressful than beneficial. I'd wait at least a few months before making that move. Instead, shower your wheaten terrier with extra attention and treats—keeping in mind that both you and your pup have lost an important member of the family. ◆

Veterinarian ROB SHARP, *author of* NO DOGS IN HEAVEN? *(Running Press), would love to answer your pet questions. Drop him a line at countryliving@hearst.com.*

PHOTOGRAPH BY (CAT) ALAMY; (DOG) LAURA MOSS

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- **NO dairy or eggs.**

And like all BLUE foods, BLUE Basics contains NO chicken or poultry by-product meals, and NO artificial flavors, colors or preservatives.

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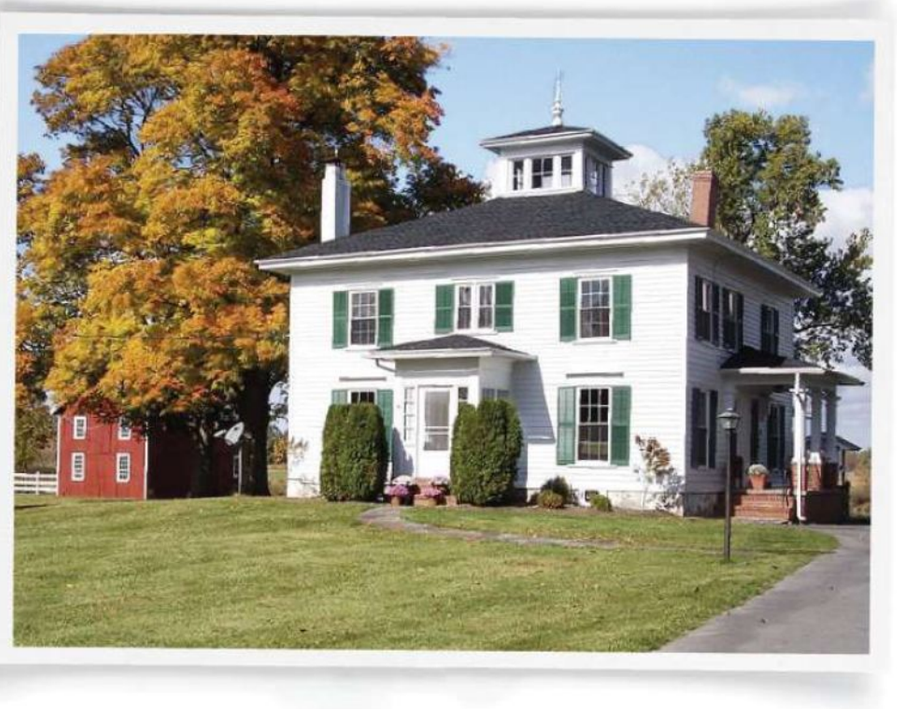
Real Estate Sampler

With expansive acreage, handsome homes, and plenty of outbuildings, these historic HOBBY FARMS offer room to grow.



$280,000

This 10-acre spread—once part of a dairy in **Farmington, New York**—boasts paddocks, pastures, three multilevel barns, and an 1840 farmhouse with a cupola. Inside the 2,482-square-foot dwelling: three bedrooms, poplar floors, and built-in china cabinets.

AGENT: SANDI VAN CAMP; 585-507-2811, SANDIVANCAMP.COM

$339,900

Built in 1912 near **Coloma, Wisconsin,** some 70 miles north of Madison, this four-bedroom home measures 2,000 square feet. Its 40-acre tract delivers a large garden; a century-old, gambrel-roofed barn and silo; a chicken coop; and a milk shed.

AGENT: MIKE WITTRY; 715-544-4881, CENTRALWISCONSINREALTY.COM

$459,000

This 5,400-square-foot farmhouse, built in 1825 near **Danburg, Georgia,** has been updated to include four bedrooms, a kitchen fireplace, even an indoor pool. The six-acre property also features a guesthouse, barn, and workshop, plus fruit trees.

AGENT: DEBORAH RAINEY; 706-678-5263, GEORGIALANDFORSALE.COM

$149,000

Located on 45 acres in **Emerson, Missouri,** this horse and cattle farm touts two barns and an insulated workshop, as well as animal pens and a riding arena. The residence, a 1,500-square-foot fixer-upper, contains three bedrooms and dates to the 1880s.

AGENT: JOHN RAVENSCRAFT; 573-221-0555, UCPALMYRAMO.COM

$375,000

Nearly six acres of level crop and grazing fields surround this 1870 Victorian in **Gardnerville, Nevada.** In addition to the four-bedroom, 2,231-square-foot main house, the land holds vegetable gardens, fruit trees, a corral, and a barn with stalls for animals.

AGENT: ALEXANDRA MUSSER; 775-233-2707, TEAMMUSSER.COM

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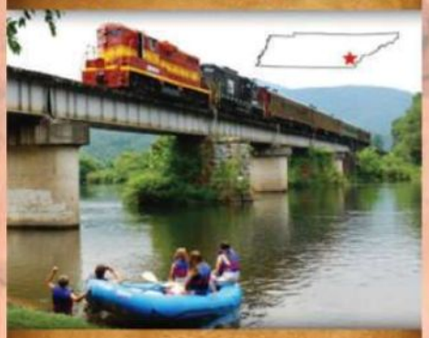

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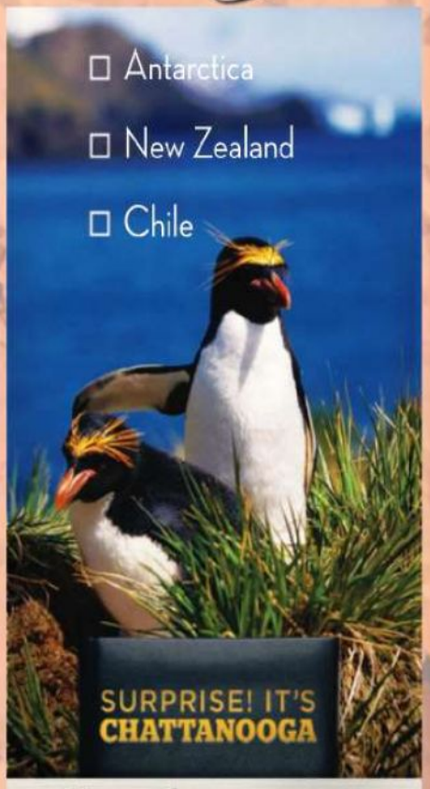

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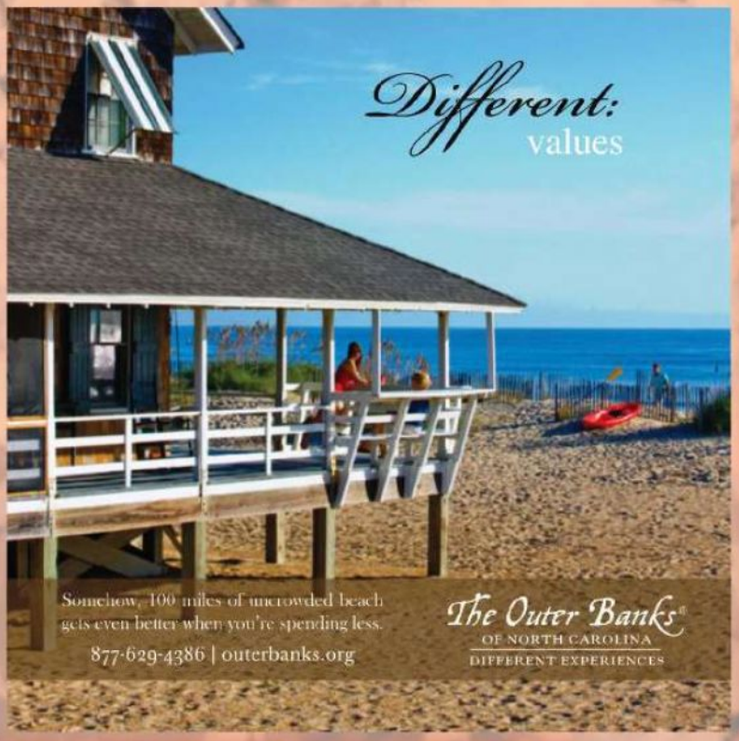

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Country Living

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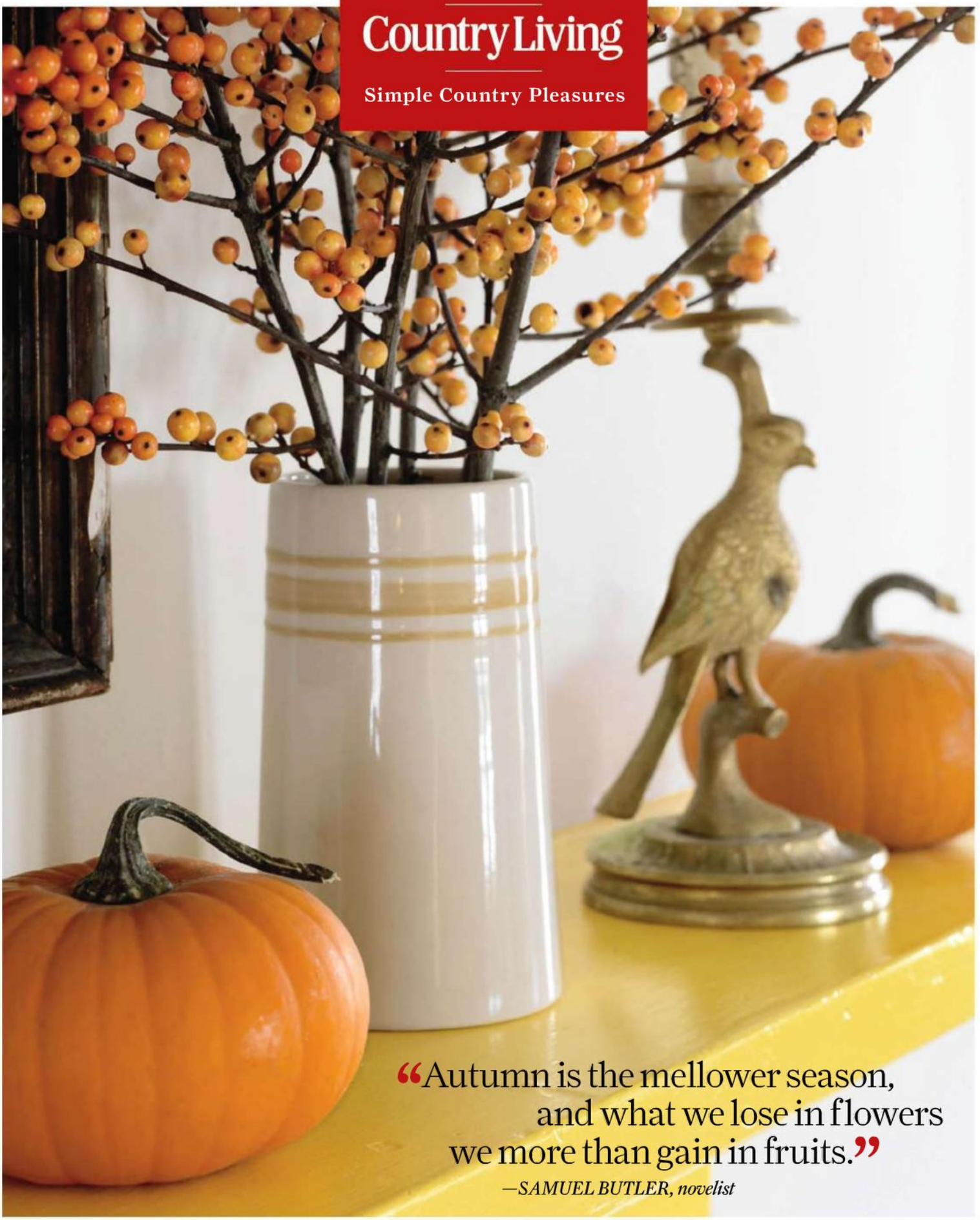

"Autumn is the mellower season,
and what we lose in flowers
we more than gain in fruits."

—*SAMUEL BUTLER, novelist*

PHOTOGRAPH BY GRIDLEY + GRAVES

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Old-School Style

New York interior designer David Thiergartner turned a former schoolhouse into a sophisticated home that slyly references the property's past.

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THIS PAGE A gymnastics pommel horse, with its legs shortened, serves as a bench in the mudroom. The chalkboard came with the schoolhouse, and the sliding door *(left)* hides a washer and dryer.

OPPOSITE PAGE The original 544-square-foot structure was built in 1913.

Written by **JOSHUA LYON** | Photographs by **ROLAND BELLO** | Styling by **CHRISTINA LANE**

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keeping the chalkboard that runs the length of the space; other areas became a library and two bedrooms. Then the duo added 1,200 square feet for a kitchen, dining room, mudroom, and garage. "I don't like Sheetrock or plastered walls very much," says Thiergartner, "so we vertically lined up planks of wood and painted them with a single coat of white. The knots are just now starting to show through, for the effect I wanted."

Such attention to detail is classic Thiergartner. Rather than knock guests over the head with a blatant schoolhouse motif, the designer referenced the home's history in slyer ways. Plain brown Kraft paper—the stuff *(continued on page 85)*

LEFT David Thiergartner *(far left)* and Ted Keegan in the living room, where framed portraits of their family members hang above a chalkboard from the home's schoolhouse days.

BELOW Honed black granite countertops and black-painted oak cabinets offer a dramatic counterpoint to the kitchen's white plank walls. Thiergartner bought the cabinet doors' nautical latches at a marine hardware store.

bright idea!
Plumbing-pipe fittings make for unexpected wall art.

Ten years ago, when David Thiergartner first went in search of a home in New York's Hudson Valley, a real estate agent showed him an abandoned railway station up for sale. A less creative type might have balked, but Thiergartner, a partner at the Manhattan design firm Bradley Thiergartner Interiors, found himself captivated by the idea of an alternative living space. "I really wanted it," the decorator remembers, but he was ultimately outbid on the property. So once his agent discovered a former schoolhouse in the town of West Hurley, Thiergartner took no chances. "I just pulled out my checkbook," he says with a hearty laugh.

The original 544-square-foot, one-room building, dubbed Schoolhouse 6, was erected in 1913; another 900 square feet were added 50 years later. And though the school closed in 1968, "many of the original details were intact when I bought it," Thiergartner says, "including the tin ceiling, chalkboards, and a water fountain."

Thiergartner, along with his partner of 26 years, actor Ted Keegan, turned the main classroom into a living room,

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bright idea!
Instead of rewiring an old lamp, outfit it with candle cups for a witty, easy fix.

Thiergartner found this circa 1911 painting, signed "O. Begas," at an antiques shop.

"I like to imagine he was a teacher at this school," says David Thiergartner of the dining room's scholarly portrait.

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A vintage conference table, chairs from an industrial-supply house, and helmet-like lamps by Ralph Lauren Home furnish the dining room. The plaster bust of Abraham Lincoln sits on the base of an old potter's wheel.

bright idea!

A grouping of laboratory funnels adds up to a sculptural centerpiece.

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A Ralph Lauren Home trunk functions as a coffee table in the library. The hutch is by Bluefish Home, while Thiergartner's own firm, Bradley Thiergartner Interiors, produces the dog-themed pillows.

"I prefer a slow unveiling, where someone could be sitting for half an hour before they notice a small gesture."

SEE SHOP GUIDE, page 127, to get the look of David Thiergartner's library.

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(continued from page 80) used to cover textbooks—serves as wallpaper for a bathroom. In the dining room, visitors get an education in science with a display of vintage chemistry-lab funnels, and in American history via a plaster bust of Abraham Lincoln. As for the painting that hangs above the sideboard, of a mustachioed man reading in what appears to be a library? "I like to imagine he was a teacher in this schoolhouse," says Thiergartner. Sure, some of his nods to the building's past seem beyond subtle, but that, he insists, is precisely the point. "I prefer a slow unveiling, where someone could be sitting and having a drink and talking for half an hour before they suddenly notice a small gesture."

Family is another strong theme that runs throughout the house. In fact, Thiergartner's grandparents get credit for the decorator's very career choice. "I was practically raised in their furniture store, and started helping out with window displays at age 11," he recalls. Framed recipe cards for kugel and tinfoil potatoes, inherited from Thiergartner's grandmother, hang in the library. One corner of the living room plays host to his father's clarinet, as well as an army bugle

bright idea!
A vintage school desk offers twice the surface area of a traditional nightstand.

bright idea!
A coat of varnish gives inexpensive Kraft paper new life as moody (and durable) wallpaper.

passed down from Keegan's dad. "Our family and friends visit us here often," Thiergartner says, "and they all have such fun, colorful personalities. I went with a mostly black-and-white palette so the house can serve as a background, letting people shine instead."

A couple of years from now, former students of Schoolhouse 6 may get a chance to see for themselves what the structure has become—Thiergartner and Keegan want to host a public reception for the building's centennial. "People stop by when we're working in the yard and say, 'My dad went here!'" Thiergartner explains. "It would be nice for them to see what it's like now." Given all the careful renovation the decorator's done, he's sure to get an A+ for his efforts. ◆

LEFT A Sunrise Specialty tub sits in front of beadboard painted with Benjamin Moore's black. The portrait of George Washington is a flea-market find.

ABOVE Thiergartner upholstered the guest room walls in red felt and repurposed a quilted utility blanket as a slipcover for the headboard, which came from his grandparents' furniture store. The old school desk once belonged to Keegan's parents.

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A colorful history

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Mackie and Reid Sterrett livened up their dining area by painting all the woodwork with Benjamin Moore's Bright Yellow. An old farm table offers a rough-hewn counterpoint to refined Louis XVI dining chairs, passed down from Mackie's mother. Two mismatched French armchairs look like a pair in tomato-hued fabric and white paint.

Drawing inspiration (and more than a few antiques) from her vivacious mother, Mackie Sterrett made bold moves to reinvent a 1760s Vermont farmhouse.

written by **KATY McCOLL** | photographs by **GRIDLEY + GRAVES** | styling by **STACY KUNSTEL**

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Eventually, the saying goes, we all turn into our mothers. And for interior designer Mackie Sterrett, that old adage held true. At least she had one heck of a role model: In 1990, Mackie's mom, Marie-Dennett McDill, traded a glamorous life in Washington, D.C., for a low-key one in Vermont—ditching Chanel pumps and charity balls but maintaining her God-given panache. "After a long day of gardening, with dirt under her fingernails, my mother still drank wine from a crystal glass," Mackie recalls.

So the designer felt a pang of recognition nine years ago when she found herself experiencing a similar life shift. Mackie and her fiancé (now husband), Reid, were living in Manhattan and planning a wedding at the elegant Carlyle Hotel. Then 9/11 happened, and the pair headed to McDill's house for a few days. Sleepy, leafy Vermont never looked so good: "Fall is *beautiful* there," says Mackie. She and Reid scratched the fancy urban ceremony, eloped, and moved north two weeks later.

Though the Sterretts looked at everything from classic farmhouses to modern structures, no place gave Mackie the immediate sense that they'd found "the one"—not even the 1760s Colonial, situated near Burlington, the couple would eventually call home. Its small, dark, and exquisitely formal rooms reminded Mackie of a museum. But her mother pulled her aside at the showing and stage-whispered, "Buy this place immediately."

"My mother had a great instinct for real estate," explains Mackie. *(continued on page 92)*

LEFT Mackie and Reid join daughters *(from left)* Anna, 2; Virginia, 5; and Madden, 7, as well as pugs Tulip and Oscar, in front of their 1760s Colonial.

BELOW A painted French teapot, which once belonged to Mackie's mom, holds peonies and mums.

OPPOSITE PAGE Madden *(left)* and Virginia settle in for a snack at a mahogany gateleg table. Benjamin Moore's Bright Yellow gives the kitchen cabinets sunny charm.

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The home's style evolved in bright directions, as Mackie revived antiques with bold colors and prints.

THIS PAGE Madden leaves her mark on the kitchen's pantry door, clad in chalkboard paint.

OPPOSITE PAGE A pillow *(middle)* embroidered by Mackie's grandmother rests on a cane-seat bench. Past the Dutch door, Flowering Quince wallpaper by Clarence House adorns the mudroom walls.

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LEFT Hand-me-downs from Mackie's grandparents, the daybed and wing chair were upholstered in ikat and green velvet fabric by Brunschwig & Fils.

ABOVE A bouquet of ranunculus blooms in an antique Dresden china vase.

OPPOSITE PAGE Mackie painted this chair's frame the same yellow as the room's woodwork. The Italian stove belonged to her mother.

(continued from page 88) "So we listened." Once they moved in, however, the newlyweds got cold feet. Blame the house's dismal burgundy walls and a living room Mackie describes as "so narrow, it felt like a bowling alley."

Two big adjustments changed everything: First, the Sterretts knocked down walls to create one open living-dining area. Then Mackie went hog-wild with paint, covering nearly every wood surface—the mantel, window sashes, kitchen cabinets—in Benjamin Moore's Bright Yellow. Even on days too cold to venture out, says Mackie, "you can get a fire going, and inside it feels sunny and full of life."

From there, the home's style evolved in all sorts of bright directions, as Mackie fearlessly revived antiques—many of them family heirlooms—with bold colors and prints. Two mismatched French-style armchairs became a pair, courtesy of tomato-hued upholstery ("A perfect set is just boring to me," says Mackie). An old daybed and wing chair sprang to fun, unfussy life in a Crayola-bright ikat print. All of which serves as the ideal backdrop for the vibrant family life Mackie and Reid built in tandem with their renovation. The couple now have three daughters: Madden, 7; Virginia, 5; and Anna, 2.

Of course, Mackie's mom gave advice every step of the way. Once, when mother and daughter were on a shopping expedition for the house, Mackie remembers, they "pretty much had a heart attack" over a yellow-and-white, 19th-century Italian stove so ornate that it looked like a cupcake. But McDill had recently sunk money into a new place and couldn't justify the purchase. So Mackie arranged to surprise her mother with the piece as a housewarming gift.

After McDill died in 2008, the stove came to the Sterretts' home. And while it no longer works and in fact has no purpose other than brightening up the sitting room, "it makes me happy to look at it," says Mackie. "It was my mother's inspiration, just as she was mine." ◆

SEE SHOP GUIDE, page 128, to get the look of the Sterretts' dining area.

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bright idea!
Bring personality to a neutral chair—without reupholstering—by adding a cheery throw.

Even on days too cold to venture out, says Mackie, "you can get a fire going, and the house feels sunny and full of life."

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house haunting

Give your home-sweet-home a decidedly devilish air with these crafty Halloween decorating ideas.

written by **KRISTI CAMERON** | photographs by **JOHN KERNICK** | styling by **CHRISTINA LANE**

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JACK-O'-LANTERNS IN A JIFFY

Turn orange tissue-paper balls *($1.92 each; partycheap.com)* into proper Halloween pumpkins. Simply cut facial features and stems from construction paper and apply to the balls with glue dots *($3.99 for a pack of 300; discountschoolsupply.com).*

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BLACK MAGIC

Take typical harbingers of good cheer to the dark side. This shadowy floral arrangement *(above left)* and wreath *(below right)* are made from inexpensive crepe-paper streamers (turn to pages 130 and 131 for step-by-step instructions). Ebony tapers *(above right, $15.45 for 12; 100candles.com)* and a centerpiece of fruits and nuts in moody hues *(below left)* put a macabre spin on entertaining staples.

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EFFORTLESSLY EERIE

These decorating tricks are so easy, it's frightening: After covering furniture with bedsheets, string a cheesecloth "cobweb" across a mirror and secure curly willow branches in candlesticks with museum wax *(Quakehold, $4.99 for two ounces; amazon.com)*.

Take a page out of Miss Havisham's book: Sheet-draped chairs give a room the look of ruin.

PHOTOGRAPHS BY ARTISTNAMETK

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PHANTOM PRESENCE

Keep up ghostly appearances with this witty reflection. Draw a figure on the back of a sheet of frosted window film *(Remlor, $14.95 for a 24"W roll; amazon.com)*. Cut out the silhouette, as well as its eyes and mouth, with an X-Acto knife. Apply the film to a mirror, smoothing as you go.

It's not a proper haunting until somebody says, "Boo!" For that you'll need a ghoul or two.

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GHOULS' NIGHT OUT

To call forth this gathering, use glue dots to stick construction-paper eyes and mouths onto white tissue-paper bells *($3.80 for two 11"H, $5.20 for one 18"H; partycheap.com)*, then drape them with cheesecloth.

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1 Roast Chicken 6 Inspired Meals

Creatively reimagined, leftover poultry can lead to great things. In her new cookbook, *A Bird in the Oven and Then Some*, Mindy Fox gives chicken star billing in casseroles, salads, even pizza.

Photographs by ELLEN SILVERMAN

Recipes adapted from *A BIRD IN THE OVEN AND THEN SOME*, BY MINDY FOX (KYLE BOOKS; $24.95)

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1. Chicken with Lemon Potatoes

Serve this roasted bird—seasoned with parsley, basil, scallions, and lemon zest—tonight, then use any extra meat as the foundation for all the dishes that follow. For the recipes, turn to page 120.

HELPFUL HINT
For the juiciest, most flavorful poultry, rub butter and herbs under the chicken's skin before cooking.

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Affordable and endlessly adaptable, chicken is one of the most versatile ingredients in any cook's arsenal.

2. Chicken Noodle Soup

Wide noodles, chunky pieces of skin-on breast meat, and a garnish of fresh dill and sweet caramelized leeks update this classic comfort food.

HELPFUL HINT
Use ready-made stock in lieu of homemade and you'll have a hearty meal in just 30 minutes.

FOR THE RECIPES, turn to page 120.

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3. Macaroni and Cheese with Chicken

Instead of the usual Cheddar, this satisfying casserole calls for smoked mozzarella and Parmigiano-Reggiano, as well as a creamy rosemary béchamel.

HELPFUL HINT

Buy good Parmesan and grate it yourself. Pre-shredded varieties don't pack as much flavor—plus they cost more ounce for ounce.

4. Frisée Salad with Chicken, Figs, and Almonds

Tossed with a sherry vinaigrette, these slightly bitter greens, fresh figs, and salty smoked almonds provide a delicious backdrop for roast poultry.

HELPFUL HINT

For a dressing with subtle onion flavor, soak chopped shallots in vinegar for 15 minutes before whisking in oil.

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No time to roast a bird? Make these dishes in a flash using a rotisserie chicken from your local grocer.

5. *Chicken and Rice with Mint Pesto*

Peas, scallions, and a lemony mint pesto give basic white rice and shredded chicken an infusion of fresh flavor.

HELPFUL HINT

To prevent cooked rice from clumping, spread it on a baking sheet to cool before tossing with other ingredients.

FOR THE RECIPES, turn to page 120.

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6. Greek Pizza with Chicken

A sprinkle of chopped fresh chile peppers adds subtle heat to this Mediterranean pizza, topped with Swiss chard, leeks, chicken, and feta.

HELPFUL HINT
Invest in a ceramic pizza stone for extra-crispy, restaurant-style crust. *($13.89 for a 13-inch stone; target.com)*

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LIVING LARGE IN A LITTLE HOUSE

Lizzie Carney rewrites the rules of small-space decorating in her 1,000-square-foot Illinois bungalow.

written by **BETH ANN FENNELLY** | photographs by BJÖRN WALLANDER | styling by **NICOLA MARC**

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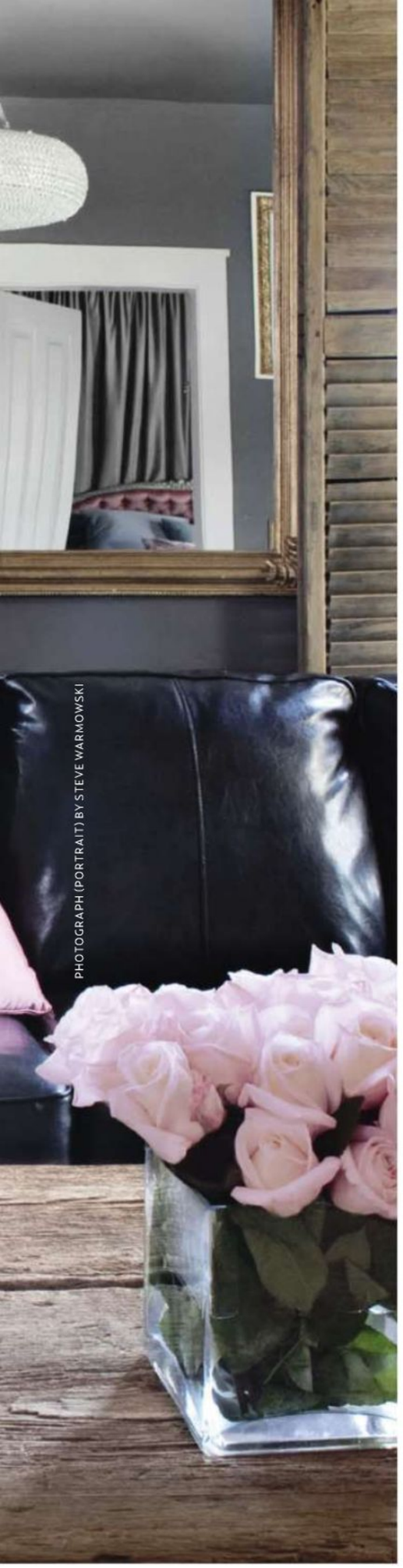

PHOTOGRAPH (PORTRAIT) BY STEVE WARMOWSKI

OLD RULE White walls are a must when square footage is limited.

NEW RULE Dark colors create the illusion of depth in small rooms.

Lizzie Carney painted every wall the same custom-mixed charcoal hue; the floors throughout wear a paler shade of gray. In the living room, contrasting color and texture come from pink pillows and weathered woods: oxidized oak shutters and a coffee table made from reclaimed lumber.

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OLD RULE Cramped quarters call for clean lines.

NEW RULE Ornate, embellished details give even the tightest spots a sense of grandeur.

Carney found this opulent chandelier in Belgium and the vintage refrigerator at an El Paso, Texas, flea market. Her kitchen island, by Euro Trash, incorporates parts from an antique sideboard; the stools are Ikea bargains.

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OLD RULE

Hidden storage is key to keeping a tiny house tidy.

NEW RULE

Why waste precious basement space on boxes when you could have a dining room *and* a wine cellar?

From the outside, Lizzie Carney's home in Jacksonville, Illinois, looks like your garden-variety 1930s bungalow. But appearances can be deceiving. Step through the front door of the 1,000-square-foot house and you might think you've entered a sprawling French château—complete with luxe antiques, crystal chandeliers, and sumptuous satin drapes. Clearly, this is one gal who's not about to let a lack of space cramp her style. Instead of dreaming of a bigger place to accommodate the finer things in life, Carney insists on living in the right now. "Don't wait to enjoy the good stuff," she urges. "Use your china when eating a hamburger. If you love a piece of furniture, find a way to make it work."

Which is exactly what she did. Forget the conventional wisdom that dictates diminutive scale and clean lines for tight quarters. The decor of this little cottage demonstrates how large,

ABOVE Stacked Belgian grape-gathering crates hold bottles of vino in the basement-turned—wine cellar. The space also functions as a dining room, thanks to an oak farm table surrounded by a mix of vintage chairs from Europe.

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OLD RULE Get extra mileage out of a guest room by having it double as an office or den.

NEW RULE Turn over the entire room to a single indulgence, like a walk-in closet.

ABOVE Carney uses the house's second bedroom as a dressing area. She covered the ottoman in pink denim from Walmart and fashioned the Union Jack carpet by spray-painting an outdoor rug.

ABOVE RIGHT Gilded frames gussy up custom closet rods.

dramatic pieces give tiny rooms a dose of grandeur. Carney, who scours flea markets abroad as a stylist and designer for the import firm Euro Trash, literally brought her work home—via an elaborately carved French bed frame, a gilded Belgian mirror, numerous European vintage chairs, and reams of chocolate-brown velvet from Paris. "It's a misconception that dark colors make a place seem smaller," says the designer, who painted every wall charcoal gray. Such continuity, she explains, "creates the feel of endless space."

But to really understand her luxurious, rebellious approach, you have to check out the basement—now a full-fledged wine cellar!—and what's supposed to be the house's second bedroom. Outfitted with wooden rolling racks, an oversize pink ottoman, and a vermilion vanity, the room serves as a walk-in closet of fantastical proportions. Carney casts an eye toward a row of frilly frocks and declares, with typical carpe diem enthusiasm: "I say, wear a fancy dress, even if you have no place to go! You can make every day a special occasion." ◆

SEE SHOP GUIDE, page 129, to get the look of Lizzie Carney's bedroom.

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OLD RULE Small places require small furniture.

NEW RULE Bitsy often leads to busy. Instead, opt for fewer, larger pieces.

The queen-size bed, a French antique, makes one big statement. Behind it, gray curtains mask an oddly placed window. The duvet is from Anthropologie.

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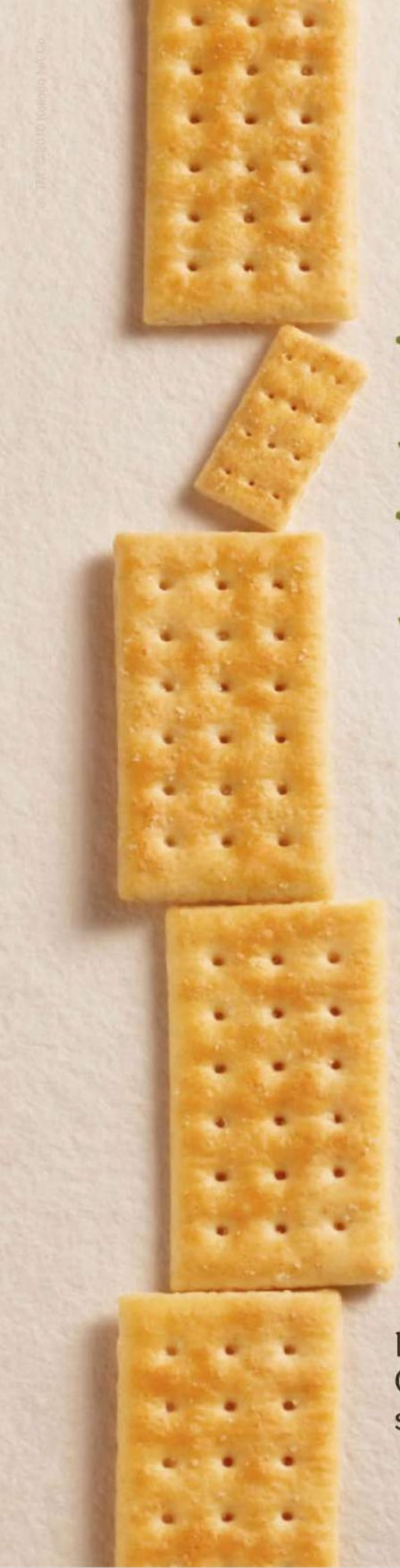

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home cooking

Simple, satisfying dishes—plus seasonal recipes from America's best chefs

Harvest Supper

Feast on fall's rich bounty with a dinner of butternut squash risotto, roasted Brussels sprouts, garlicky kale, and more.

Continued on next page >

Recipes by Cheryl Slocum • Photographs by Kana Okada • Food styling by Simon Andrews

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ONLY FIVE INGREDIENTS*

Sautéed Pork Chops with Kale

Makes *4 servings.* ***Working time*** *40 min.* ***Total time*** *40 min.*

- 2 large bunches kale
- Olive oil
- 4 center-cut bone-in pork loin chops (about 2 pounds)
- 3 garlic cloves, finely chopped
- Juice of 1 lemon
- *Plus true pantry staples like salt and pepper

1. Cut stems and spines from kale leaves, then roughly chop; wash well (do not dry) and set aside. In a large skillet over medium-high heat, heat enough oil to coat bottom. Season pork with salt and pepper. Sauté until cooked through, about 4 minutes per side. Transfer to a plate and cover loosely with foil to keep warm.

2. Add 1 more tablespoon oil to skillet. Cook garlic until golden, about 1 minute. Add kale and sauté until tender, about 10 minutes. Sprinkle with lemon juice.

PER SERVING *protein: 27 g; fat: 21 g; carbohydrate: 9 g; fiber: 3 g; sodium: 106 mg; cholesterol: 81 mg; calories: 326.*

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LIGHTEN UP

Barley Risotto with Butternut Squash

Makes *4 servings.* ***Working time*** *30 min.* ***Total time*** *50 min.*

- 2½ cups peeled, chopped butternut squash
- 2 tablespoons extra-virgin olive oil
- Salt and freshly ground pepper
- 5 cups low-sodium chicken or vegetable broth
- ½ cup chopped yellow onion
- 2 small garlic cloves, finely chopped
- 1½ cups pearled barley
- ¾ cup dry white wine
- 1 teaspoon fresh thyme, plus more for garnish
- Zest of 1 lemon
- ¾ cup grated Parmigiano-Reggiano

1. Heat oven to 400°F. Toss squash with 1 tablespoon oil. Season with salt and pepper. Spread in a single layer on a parchment-lined baking pan and roast until tender, about 25 minutes, turning once halfway through. Set aside.

2. Meanwhile, in a medium saucepan over medium-high heat, bring broth to a gentle boil; then reduce heat to low. In a large saucepan over medium heat, heat remaining 1 tablespoon olive oil. Add onion, garlic, ½ teaspoon salt, and ½ teaspoon pepper and cook until softened, about 6 minutes. Add barley and cook, stirring, for 2 minutes. Add wine and stir constantly until absorbed, about 1 minute. Add ½ cup broth, 1 teaspoon thyme, and lemon zest; stir frequently until liquid is absorbed.

3. Repeat with remaining broth, adding ½ cup at a time, until barley is tender yet al dente, about 30 minutes. Remove from heat and stir in cheese. Season with salt and pepper if needed. Gently fold in squash and garnish with thyme.

PER SERVING *protein: 11 g; fat: 12 g; carbohydrate: 74 g; fiber: 14 g; sodium: 489 mg; cholesterol: 12 mg; calories: 486.*

By using low-sodium broth, you save 625 milligrams of salt per serving. And pearled barley has 50 percent more protein than Arborio rice!

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IN SEASON NOW

Brussels Sprouts

Three chefs share inventive recipes for this underrated vegetable.

Brussels Sprouts with Pancetta

Patti Jackson, chef at I Trulli in New York City

Makes *4 servings.* ***Working time*** *15 min.* ***Total time*** *30 min.*

- 2 tablespoons extra-virgin olive oil
- 2 ounces pancetta, diced
- 1 pound Brussels sprouts, trimmed and quartered
- 2 ounces pine nuts, toasted
- 3 ounces pecorino, grated
- Salt and freshly ground pepper

1. In a medium pan over medium heat, add olive oil and pancetta and sauté until lightly browned, about 3 minutes. Using a slotted spoon, transfer pancetta to a plate; reserve.
2. Add Brussels sprouts to pan; stir for 30 seconds. Add 1 cup water, cover, and reduce heat to medium-low. Steam for 5 minutes. Remove lid, increase heat to medium-high, and cook, stirring occasionally, until sprouts are golden brown, about 15 minutes.
3. Remove from heat and toss in pancetta, pine nuts, and cheese. Season with salt and pepper and serve immediately.

PER SERVING *protein: 14 g; fat: 29 g; carbohydrate: 12 g; fiber: 4 g; sodium: 400 mg; cholesterol: 32 mg; calories: 347.*

Roasted Brussels Sprouts

Melissa Perello, chef and owner of Frances in San Francisco

Makes *4 servings.* ***Working time*** *10 min.* ***Total time*** *40 min.*

- 1 pound Brussels sprouts, trimmed and halved
- 3 tablespoons extra-virgin olive oil
- Salt and freshly ground pepper
- 1 lemon, juice and zest
- 2 teaspoons chopped parsley
- 2 teaspoons capers

1. Heat oven to 400°F. In a medium bowl, combine Brussels sprouts, oil, and salt and pepper to taste. Transfer Brussels sprouts to a parchment-lined baking pan and roast until fork-tender and browned, about 25 to 30 minutes.
2. Transfer Brussels sprouts to a serving dish and drizzle with lemon juice, then sprinkle with lemon zest, parsley, capers, and additional salt and pepper, if desired. Serve hot.

PER SERVING *protein: 2 g; fat: 10 g; carbohydrate: 8 g; fiber: 3 g; sodium: 60 mg; cholesterol: 0 mg; calories: 123.*

Brussels Sprouts Salad

Marvin Woods, chef and author of *Home Plate Cooking*

Makes *4 servings.* ***Working time*** *10 min.* ***Total time*** *20 min.*

- ½ pound Brussels sprouts, trimmed
- ½ cup fresh-squeezed navel orange juice
- ¼ cup grapeseed oil
- ¼ cup white balsamic vinegar
- 3 teaspoons agave syrup
- 1 small red onion, thinly sliced
- 2 tablespoons cilantro, chopped
- ¼ teaspoon jalapeño, finely chopped
- ½ avocado, diced
- 1 roasted red pepper, diced
- Salt and freshly ground black pepper

1. Remove outer leaves of Brussels sprouts; discard cores. Blanch leaves in a pot of boiling water until bright green, about 40 seconds; then plunge into a bowl of ice water.
2. In a bowl, whisk together juice, oil, vinegar, syrup, onion, cilantro, and jalapeño. Drain Brussels sprouts; in a bowl, combine with avocado, red pepper, and salt and black pepper to taste. Toss with dressing and serve.

PER SERVING *protein: 3 g; fat: 18 g; carbohydrate: 21 g; fiber: 5 g; sodium: 22 mg; cholesterol: 0 mg; calories: 244.*

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READER RECIPE

Popovers

Makes *12 popovers.* ***Working time*** *10 min.*
Total time *1 hr. 10 min.*

- 1½ cups all-purpose flour
- ¾ teaspoon salt
- 3 large eggs
- 1½ cups milk
- 4 tablespoons unsalted butter

1. In a large bowl, mix together flour and salt; make a well in center. In another bowl, beat together eggs and milk, then pour into well. Gradually stir egg mixture into flour until batter is consistency of heavy cream yet slightly lumpy; do not overbeat. Allow batter to rest for at least 30 minutes and up to 1 hour.
2. Preheat oven to 425°F. Place 1 teaspoon butter in each cup of a 12-cup muffin tin or two 6-cup popover tins. Heat in oven until butter melts, about 1 minute. Divide batter among cups, filling each about three-quarters full. Bake until popovers are puffed and golden brown, about 20 minutes. Turn out popovers and serve warm.

PER POPOVER *protein: 4 g; fat: 5 g; carbohydrate: 14 g; fiber: 0 g; sodium: 177 mg; cholesterol: 64 mg; calories: 119.*

"These popovers are so light and tasty that nobody can believe how basic the recipe is."

—Caren Miller, Darien, Connecticut

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The Recipes

Prepare cookbook author Mindy Fox's six mouthwatering roast-chicken dishes (featured on pages 100–105).

Chicken with Lemon Potatoes

Makes *6 servings.* ***Working time*** *30 min.* ***Total time*** *2 hr. 10 min.*

- 1 (4-pound) whole chicken
- 1 medium bunch fresh basil leaves, thinly sliced (1 cup)
- 5 tablespoons unsalted butter, at room temperature
- 2 lemons, zested (1 reserved)
- 5 garlic cloves, very thinly sliced
- 2 scallions, very thinly sliced
- Coarse sea salt and freshly ground pepper
- 1¾ pounds small to medium potatoes, quartered lengthwise
- 2 tablespoons extra-virgin olive oil
- ½ bunch fresh parsley leaves, trimmed (1½ packed cups)

1. Preheat oven to 450°F with rack set in middle. Remove any excess fat around chicken cavities and discard; rinse chicken and pat dry, inside and out.
2. In a small bowl, combine basil, butter, lemon zest, garlic, and scallions.
3. Starting at chicken's neck, slide hands under skin, carefully loosening skin on breasts and thighs. Spread butter mixture, about 1 tablespoon at a time, between loosened skin and meat, taking care not to tear skin. Rub hands over skin to spread mixture into crevices.
4. Season chicken (inside and out) with salt and pepper, then tie legs together with kitchen string. In a large bowl, toss potatoes with oil, ½ teaspoon salt, and enough pepper to coat well. Cut reserved lemon into quarters and set 3 aside.
5. Heat roasting pan in oven for 10 minutes. Remove; then put potatoes and any oil left in bowl into pan, keeping potatoes in a single layer and pushed to edges to make room for chicken. Place chicken in pan, breast-side up.
6. Roast chicken for 20 minutes, then remove pan from oven and turn bird breast-side down. Continue to roast for 20 more minutes, then remove pan from oven and turn bird breast-side up again. Sprinkle parsley over potatoes, then stir to coat with pan drippings. Squeeze reserved lemon over chicken and put rinds into pan. Continue to roast until juices of chicken run clear when thigh is pierced with a fork, or an instant-read thermometer inserted in breast reaches 160°F, 20 to 30 minutes.
7. Remove pan from oven; let chicken rest for 15 minutes before transferring to a cutting board. Let rest for 5 more minutes, then carve. Spoon pan juices over chicken; serve with potatoes and roasted lemon.

PER SERVING *protein: 43 g; fat: 34 g; carbohydrate: 29 g; fiber: 5 g; sodium: 329 mg; cholesterol: 184 mg; calories: 587.*

Chicken Noodle Soup

Makes *6 servings.* ***Working time*** *10 min.* ***Total time*** *30 min.*

- 2 tablespoons extra-virgin olive oil
- 3 leeks, white and light-green parts only, cut crosswise into ⅓-inch pieces with rings intact
- Coarse sea salt and freshly ground pepper
- 7 cups chicken broth, preferably homemade
- 1 garlic clove, smashed
- 1¼ cups wide noodles (about 6 ounces)
- 3 cups sliced roast chicken, skin on, breast meat
- 2 cups frozen peas, thawed
- 2 tablespoons finely chopped fresh dill, plus more leaves for garnish

1. In a 12-inch skillet over medium-high heat, heat oil. Carefully add leeks in a single layer, so rings don't unravel. Reduce heat to medium-low, season with salt and pepper, and cook 9 minutes; turn leeks, set heat to low, and cook until golden, about 9 more minutes.
2. Meanwhile, in a 5-quart pot, bring broth and garlic to a boil. Stir in noodles; cook, stirring occasionally, until tender but still firm, 10 to 12 minutes. Discard garlic.
3. Set aside a few leeks per serving for garnish. Add remaining leeks to soup, along with chicken, peas, and dill, and cook for 2 minutes more. Season with salt and pepper. Ladle into bowls and garnish with reserved leeks.

PER SERVING *protein: 25 g; fat: 10 g; carbohydrate: 35 g; fiber: 4 g; sodium: 777 mg; cholesterol: 53 mg; calories: 336.*

RECIPES ADAPTED FROM *A BIRD IN THE OVEN AND THEN SOME* (KYLE BOOKS), BY MINDY FOX

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Macaroni and Cheese with Chicken

Makes *4 to 6 servings.* ***Working time*** *25 min.* ***Total time*** *1 hr. 20 min.*

- 3 tablespoons unsalted butter, plus more for baking dish
- Fine sea salt and freshly ground pepper
- ½ pound penne pasta
- 1 tablespoon extra-virgin olive oil
- 1 small onion, thinly sliced
- 1½ cups coarsely grated smoked mozzarella
- 1½ cups shredded roast chicken
- 1 cup finely grated Parmigiano-Reggiano
- 1 tablespoon finely chopped fresh rosemary
- 3 tablespoons all-purpose flour
- 2½ cups whole milk, heated to a simmer
- 2 garlic cloves

1. Preheat oven to 450°F. Butter a 1½-quart gratin or baking dish.
2. In a large pot of boiling salted water, cook pasta until al dente, about 11 minutes. Drain, run under cold water, and drain again. Transfer to a large bowl.
3. In a medium skillet over medium heat, heat oil. Add onion and a pinch of salt, reduce heat to medium-low, and cook, stirring occasionally, until softened and lightly golden, about 10 minutes.
4. Add onion to pasta and stir to combine. Add mozzarella, chicken, ⅔ cup Parmesan, and rosemary; stir to combine.
5. In a medium heavy saucepan over medium-low heat, melt butter. Add flour and cook over low heat, whisking, for 3 minutes. Add hot milk, whisking vigorously, then add garlic and 1½ teaspoons salt. Bring mixture to a simmer, whisking; then reduce heat and gently simmer, whisking occasionally, until béchamel is thickened (the sauce should thickly coat the back of a spoon), about 10 minutes. Discard garlic before adding béchamel to pasta, season with pepper, and stir.
6. Transfer into baking dish and smooth top. Sprinkle with remaining ⅓ cup Parmesan and more pepper. Bake until bubbling and golden, 12 to 15 minutes. Let sit for 15 minutes before serving.

PER SERVING *protein: 24 g; fat: 24 g; carbohydrate: 38 g; fiber: 2 g; sodium: 953 mg; cholesterol: 77 mg; calories: 478.*

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PERFECT PULLED PORK

INGREDIENTS

5 lbs. boneless pork butt shoulder
1 ½ tsp. smoked paprika
2 tsp. black pepper
1 tsp. cayenne pepper
1 tsp. dried thyme
1 tsp. garlic powder
½ tsp. salt
1 c. water
soft sandwich buns

DIRECTIONS

Combine all seasonings in a small bowl and rub evenly over roast. Place meat in a 6-quart slow cooker. Add water. Cover and cook on LOW for 6-8 hours or on HIGH for 4-5 hours or until pork is very tender.

Place pork on large cutting board or platter and let rest for 10-15 minutes. Pull, slice or chop to serve. Serve in buns with barbecue sauce.

Serves 16-20

TheOtherWhiteMeat.com

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Frisée Salad with Chicken, Figs, and Almonds

Makes 4 servings. Working time 10 min. Total time 25 min.

- 1 large shallot, finely chopped
- 2½ tablespoons sherry vinegar
- Coarse sea salt and freshly ground pepper
- 5 tablespoons extra-virgin olive oil
- 1 head frisée, torn into pieces
- 1½ cups shredded roast chicken
- 8 fresh green and/or purple figs, stemmed and halved
- ¼ cup chopped smoked almonds

1. In a large bowl, mix shallot, vinegar, and ½ teaspoon salt. Let stand for 15 minutes. Whisk in oil until combined. **2.** Add frisée, chicken, and a pinch of salt; toss. Plate frisée and chicken. **3.** In same bowl, toss figs and a pinch of salt and pepper and gently toss to coat with any remaining dressing. Arrange figs on plates and sprinkle salads with almonds and a pinch of salt.

PER SERVING *protein: 17 g; fat: 25 g; carbohydrate: 29 g; fiber: 9 g; sodium: 439 mg; cholesterol: 39 mg; calories: 390.*

Chicken and Rice with Mint Pesto

Makes 4 servings. Working time 15 min. Total time 45 min.

- 4 tablespoons extra-virgin olive oil
- Fine sea salt
- 1 cup long grain white rice
- 1½ cups frozen peas, cooked
- 2 cups packed fresh mint leaves, plus more for garnish
- 1 cup fresh basil leaves
- ½ cup freshly grated Parmigiano-Reggiano
- ¼ cup pine nuts
- ¼ cup fresh lemon juice
- 1 garlic clove
- 1½ cups shredded roast chicken
- 1 small cucumber, peeled, seeded, and cut into ¼-inch cubes
- 3 scallions, thinly sliced on diagonal

1. In a 2-quart saucepan, bring 1¾ cups water, 1 tablespoon oil, and ½ teaspoon salt to a boil; add rice. Return to a boil and cover. Reduce heat to low and simmer rice until water is absorbed, about 15 minutes. Fluff rice with a fork; let stand, covered, for 5 minutes. Spread on a baking sheet and let cool. **2.** For mint pesto: In a food processor, puree ½ cup peas, mint, basil, cheese, pine nuts, lemon juice, garlic, remaining 3 tablespoons oil, and ½ teaspoon salt. **3.** In a bowl, toss together rice, remaining 1 cup peas, pesto, chicken, cucumber, and about two-thirds scallions. Transfer to a serving bowl; sprinkle with remaining scallions and mint.

PER SERVING *protein: 23 g; fat: 27 g; carbohydrate: 55 g; fiber: 7 g; sodium: 774 mg; cholesterol: 49 mg; calories: 570.*

Greek Pizza with Chicken

Makes four 8-inch-round pizzas. Working time 45 min. Total time 1 hr. 45 min.

- 1 tablespoon unsalted butter
- 5½ tablespoons extra-virgin olive oil
- 2 leeks, white and light-green parts only, thinly sliced
- Coarse sea salt
- 3 pounds red Swiss chard
- 1¾ pounds pizza dough, preferably homemade
- 4 garlic cloves
- 2 tablespoons plus 2 teaspoons currants
- 1 heaping cup shredded roast chicken
- ½ cup crumbled feta cheese
- Fresh minced hot chile or red-pepper flakes, to taste

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1. Preheat oven to 500°F with rack set in middle and a pizza stone on rack.
2. In a small skillet over medium heat, heat butter and ½ tablespoon oil until butter melts. Add leeks and a pinch of salt, reduce heat to low, and cook, stirring occasionally, until leeks soften, about 20 minutes.
3. Meanwhile, cut stems and center ribs from chard, discarding any tough portions, then cut stems and ribs crosswise into 1-inch pieces. Roughly chop chard leaves.
4. Wash chard and partially spin-dry, leaving some moisture on leaves. In a 5- to 6-quart Dutch oven (or other heavy pot with lid) over medium heat, heat 1 tablespoon oil just until fragrant, then add chard. Cover and cook for 1 minute, then stir. Continue to cook, covered, stirring every minute or so, until chard is wilted and tender, 3 to 4 minutes. Drain in a colander; let sit until cool enough to handle; squeeze out excess liquid, chop chard, and reserve in bowl.
5. Form quarter of pizza dough into a ball, then shape into a disk. On a lightly floured pizza peel or rimless baking sheet, roll out dough into an 8- to 9-inch round. Leaving a 1-inch border, spread 1 tablespoon oil onto dough. Thinly slice 1 garlic clove and sprinkle on top, then top with 2 teaspoons currants, a quarter of chard, and a quarter of chicken.
6. Slide pizza onto stone and bake until edges and bottom of crust are golden, 6 to 8 minutes. Remove pizza from oven and transfer to a cutting board. Immediately top with a quarter each of leeks and feta cheese, then sprinkle with hot chiles to taste. Repeat to make 3 more pizzas.

PER PIZZA *protein: 28 g; fat: 33 g; carbohydrate: 69 g; fiber: 7 g; sodium: 1,362 mg; cholesterol: 54 mg; calories: 669.*

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Your go-to resource for replicating the looks featured in this issue

Old-School Style

PAGES 78–85

Borrow from David Thiergartner's library with these smart picks.

GLOBE Inspire an impromptu geography lesson with this old-world find. *($49.95; pier1.com for stores)*

LAMPS These caged fixtures, fashioned from steel and wood, evoke vintage industrial lights. *($148 each; anthropologie.com)*

HUTCH A brighter shade of green than Thiergartner's piece, this cabinet's also more budget-friendly. *($499; 43"W x 84"H x 18"D; gothiccabinetcraft.com)*

ARMCHAIR Create a room rich in texture with a pair of leather seats. *($1,099 each, 33"W x 33"D x 33"H; potterybarn.com)*

BOTTLES Made from recycled glass, these vases emulate Thiergartner's collection. *($12 each; westelm.com)*

PILLOW This charming needlepoint cushion sits obediently on any sofa. *($110; 14"W x 11"H; gracioushome.com)*

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A Colorful History

PAGES 86–93

Mimic the refined-rustic mix of the Sterretts' dining room.

MIRROR Embrace your inner drama queen with this gilt looker. *($319; 27"W x 35"H; kitchen source.com)*

CHAIR This Louis XVI reproduction could serve as a stunt double for the Sterretts' seats. *($555, English Country Antiques; 21"W x 40"H; 631-537-0606)*

FABRIC Stitched into floor-length curtains, simple stripes deliver a big dose of bold. *($49.30 per yard; waverly.com)*

TABLE Ikea's streamlined, sensibly priced take on the farm table extends to nearly seven feet long. *($279; 35"W x 29"H; ikea.com)*

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Living Large in a Little House

PAGES 106–111

Four luxe finds echo Lizzie Carney's lavish boudoir.

▲**FABRIC** Up the wow factor of upholstery or drapes with this coral satin. *($5.99 per yard; hancockfabrics.com)*

▲**CHANDELIER** Channel Carney's vintage French fixture with this affordable option. *($299.99; lampsplus.com)*

PAINT Add instant sophistication with Benjamin Moore's Amherst Gray. *($37.88 per gallon; myperfectcolor.com)*

◀**HEADBOARD** This tufted stunner (available in more than 100 fabrics) evokes opulence. *($449–$589 for queen, 62"W x 50"H; ballarddesigns.com)*

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This Issue's Experts

LIZZIE CARNEY
Interior designer
euro-trash.us

PATTI JACKSON
Chef, I Trulli
ltrulli.com

MELISSA PERELLO
Chef, Frances
frances-sf.com

BETH PILAR AND ELLEN STERNAU
Bakers, How Sweet It Is
howsweetitispastry.com

MACKIE STERRETT
Interior designer
videointeriors.com

DAVID THIERGARTNER
Interior designer
bradleythiergartner interiors.com

MARVIN WOODS
Author, *Home Plate Cooking*
marvinwoods.net

House Haunting

PAGES 94–99

How to turn ordinary streamers into unearthly decor.

CREPE-PAPER WREATH

STEP ONE Cut a four-inch-long strip of black streamer and fold in half (you'll need upward of 100 cut and folded strips). Select any spot on a 14-inch foam wreath form and pin three strips side by side so they overlap to form one row. (We used straight pins with black heads.) **STEP TWO** Directly beneath that first row, pin another overlapping row of three. Continue creating rows until you've gone almost all the way around the wreath form. **STEP THREE** Just before you return to your starting point, loop a two-foot-long streamer over the wreath. Trim the ends to about eight inches long, then cut a decorative V into each one. Fluff the folded streamers, and you're ready to display your finished wreath.

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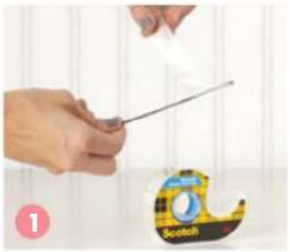

PHOTOGRAPHS BY (STEP BY STEP) LARA ROBBY/STUDIO D; (OPPOSITE PAGE: STEP BY STEP) PHILIP FRIEDMAN/STUDIO D

CREPE-PAPER BOUQUET

STEP ONE Bend an 18-inch-long piece of floral wire in half and wrap double-sided tape around the bent end about five times. **STEP TWO** Hold the tip of a streamer, still attached to its roll, against the top of the taped wire. Then loosely wrap it around the wire four times to create an inner bud, pinching the bottom edge of the streamer against the taped wire as you go. **STEP THREE** Continue wrapping the streamer around the wire, gathering the paper at the flower's base so that the petals fan out at the top. Continue until you have a full flower. Finish by cutting and securing the flower to the wire with floral tape. Repeat until you have enough blooms to fill a bowl.

Sources

OLD-SCHOOL STYLE
PAGE 79 Hand-knotted **rug,** starting at $1,000; nomadicarpets.com. **PAGE 80** Pendant **light,** $169; rejuvenation.com. Floor **mirror,** $999; crateandbarrel.com. **PAGE 84** Dog **pillow,** $350 for cover; 212-779-1717. **PAGE 85** Pedestal **tub,** $3,100; sunrisespeciality.com.

A COLORFUL HISTORY
PAGE 86 Grain-sack **pillows,** from $250; 3finegrains.com. **PAGE 90** Horse grain-sack **pillow,** $400; 3finegrains.com. Wool **rug,** $335; companyc.com. **PAGE 93** Wool **throw,** $55; companyc.com.

LIVING LARGE IN A LITTLE HOUSE
PAGE 106 Euro Trash **armchair,** $950; jayson homeandgarden.com. **PAGE 108** **Stools,** $79.99 each; ikea.com for stores. **PAGE 109** Euro Trash **chair,** $1,150; jaysonhomeandgarden.com. **PAGE 111** Cotton **duvet,** $198 for queen; anthropologie.com.

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OUT OF WORK: With time on his hands, this Amish craftsman takes a walk with his son as he weighs his options. As consumers demand lower prices, the Amish refuse to cut quality but are willing to give in on prices to keep working.

Amish hit hard by recession

By C. MILLER
Universal Media Syndicate

With their simple lifestyle, you wouldn't think the Amish would be affected by the recession as much as most Americans.

But rising land prices and a growing population has forced much of America's Amish population out of farming and into other lines of work. In fact, only an estimated 10 percent of America's 227,000 Amish still rely on agriculture as their primary source of livelihood.

Many support their families by making Amish crafts, working in construction and making high quality Amish furniture. But those industries are also suffering from the recession.

That means the law of supply and demand has kicked in and the cost of Amish made goods has plummeted. "It's definitely a buyer's market," said Melvin Troyer, an Ohio Amish craftsman who hand builds Amish furniture.

"We've started marking everything down to rock bottom so we can move more goods and keep more members of the Amish community earning a living and putting food on the table for their families," Troyer said.

And with high quality Amish furniture at rock bottom prices, smart consumers are snatching up everything they can get their hands on. The recession won't last forever, but it does make right now the perfect time to get anything Amish made. ■

Amish craftsmen set to build Heat Surge miracle fireplace mantles for just $58

Right now Amish craftsmen are actually hand building Heat Surge miracle fireplace mantles for just $58 for all those who beat the 7 day order deadline for the miracle heaters that are guaranteed to save everyone money on home heat bills this winter

Guaranteed to save money: uses about 9¢ of electric an hour; so turn down your thermostat and never be cold again

By R.K. BERRY
Universal Media Syndicate

UMS - It's easy to save money on home heat bills this winter. In fact, now it's guaranteed.

That's because for the next 7 days brand new Heat Surge oak miracle fireplace mantles are being hand built by Amish craftsmen for just $58.

The only thing readers have to do is call the Toll Free Hotline before the 7 day deadline ends starting at 8:00am this morning with their order for the Heat Surge miracle heater that is guaranteed to save everyone money on their heat bills this winter. And to complete your fireplace, the Amish will build your real oak fireplace mantle for just $58.

This is not a misprint. The Amish craftsmen are actually hand building the Heat Surge Light Honey Oak or the Dark Rich Oak mantles for just $58. And here's why.

"Many of these carpenters were building new homes before the recession. Now with the housing market in the tank they are using their time to build these miracle fireplace mantles," said Jacob Drakenbrod, Amish Carpentry Shop Manager.

"When you see the craftsmanship that the Amish put into every one of these miracle fireplace mantles, you'll know they are a fine piece of furniture that's built to last a lifetime," Drakenbrod said.

And here's the best part. Heat Surge guarantees that everyone gets substantially lower heat bills by allowing everyone to turn down their thermostat. That means everyone who gets their miracle heater is actually guaranteed to save money on their heat bills this winter. That makes the miracle heater a real steal at just two hundred thirty-nine dollars since the Amish are hand building the oak fireplace mantle for just $58.

"With the guarantee, readers have nothing to worry about. That's because if they don't get lower heat bills within 1 full year, we'll give them every cent back, including the delivery to

HANDSHAKE SAVES PUBLIC MONEY: Amish craftsmen have agreed to build high quality handmade Heat Surge fireplace mantles for just $58 for the next 7 days. "They're normally two hundred ninety-eight dollars, but we need the work," said Jonas Miller, the Amish craftsman pictured above. That's why today's readers can actually get the oak miracle fireplace mantles built for just $58 by calling 1-866-779-6671 before the 7 day deadline to order the Heat Surge *Fireless* Flame miracle heater that is guaranteed to save everyone money on home heat bills this winter.

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CAUGHT ON CAMERA: Photos reveal Amish secrets of the miracle fireplace mantles

■ **HAND BUILT:** Amish craftsmen take great pride in their workmanship. Each Amish fireplace mantle is hand crafted to the highest standards and is built to last a lifetime.

■ **AMISH SECRETS:** The Amish use time tested and proven secrets passed down through generations to create heirloom quality furniture that you just can't get in any chain stores.

■ **HAND RUBBED:** Each Amish mantle is hand rubbed to perfection to ensure a deep rich glow in four different finishes; Light Honey Oak, Dark Rich Oak, Manor Cherry, and Classic Black.

■ **SAVE MONEY:** Each custom mantle is perfectly built to encase and protect the world famous Heat Surge miracle heater that is guaranteed to cut home heating bills this winter.

■ **QUALITY FURNITURE:** After countless hours of meticulous work the finished Amish fireplace is a fine piece of furniture that looks great in any room and is guaranteed to save money.

their home, no questions asked," Drakenbrod said.

These miracle fireplaces have the *Fireless* Flame® patent pending technology that gives the peaceful flicker of a real fire but without any flames, fumes, smells, ashes or mess. Everyone is getting them because they require no chimney or vent. They are delivered fully assembled right to your door so all you do is plug them in.

The miracle heaters throw off an instant heat wave and only use as little as 9¢ an hour of electricity, about the same energy as a coffee maker. That way you can turn your thermostat way down, save tons of money on your heating bills and never be cold again. That makes your potential savings absolutely incredible.

"These portable Roll-N-Glow® fireplaces are the latest home decorating sensation," says Josette Holland, Home Makeover Expert.

That's because for a small finishing fee everyone can also choose from two other different Amish mantle finishes. They also come in Manor Cherry and Classic Black so with Light Honey Oak and Dark Rich Oak that's four.

"That's four different possibilities in all, so they're sure to perfectly match the décor in any room of the house," Holland said.

"We're doing everything we can to make sure no one gets left out, but I don't know how long they will keep building them for just $58. The Amish craftsmen will be straining to keep up with demands. That's why we can only let readers have two per household just as long as they call before the deadline," confirms Drakenbrod.

"So when lines are busy keep trying. We promise to get to every call. Then we will have your Heat Surge Roll-N-Glow Fireplace with custom-built Amish mantle delivered to your door right away along with your full year heat bill savings guarantee so you'll be saving tons of money on your heating bills in no time at all," Drakenbrod said. ■

On the worldwide web:
www.amishfireplaces.com

■ **SAVES ON BILLS:** It's easy to save money this year because everyone is guaranteed to get lower bills and stay warm and cozy. The new Heat Surge Roll-N-Glow® fireplace saves a ton of money and makes your front room look like a million bucks.

■ **DELIVERED FULLY ASSEMBLED:** Every Heat Surge Roll-N-Glow fireplace comes fully assembled by Amish craftsmen and is delivered right to your door. All you need to do is roll it out of the box, plug it in and relax in front of the *Fireless* Flame.

HEAT SURGE® *Fireless* Flame®

How It Works: The HEAT SURGE miracle heater is a work of engineering genius from the China coast so advanced, you simply plug it into any standard outlet. It uses only about 9¢ of electric an hour on the standard setting. Yet, it produces up to an amazing 4,606 BTU's on the high setting. So watch out, a powerful on board hi-tech heat turbine silently forces hot air out into the room from the vent so you feel the bone soothing heat instantly. It even has certification of Underwriters Laboratories coveted UL listing. It also comes with a limited full year replacement or money back warranty and a heat bill savings guarantee. OH and FL resident transactions require the remittance of applicable sales tax. Sorry no shipments to MA residents.

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How to get your fireplace mantle built for just $58

Today's readers can use the authorized work order to the right to get their oak miracle fireplace mantle built for just $58 with each miracle heater for $239.

A strict limit of two per household has been imposed. If you are a home wood worker and want to build your own mantle, they are letting people get the miracle heater for just two hundred thirty-nine dollars and shipping.

Or for the next seven days only, just add $58 and the Amish craftsmen will build the oak fireplace mantle and install the miracle heater for you.

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Portrait of America

Once upon a time, **MILK DELIVERY** was a morning ritual for folks across the United States. Some lucky Coloradans still enjoy the tradition.

Royal Crest Dairy

Denver

WHAT Founded in 1927, Royal Crest originally competed with more than 80 area dairies that offered home delivery; today, it's the last of the bunch. **HOW** Rocky Mountain residents now place orders online (at royalcrestdairy.com), but the process remains otherwise untouched by progress: A fleet of 150 drivers brings milk, cheese, and eggs to thousands of front porches each day. **WHY** Freshness continues to be a star selling point—milk goes from cow to customer in about 48 hours. Ditto environmental friendliness; bottles are returned and reused. The business also fosters an old-fashioned sense of community. "We've got milkmen who've worked the same route for 25 years and families who've been with us for three or four generations," says owner Paul R. Miller.

PHOTOGRAPH BY CARMEL ZUCKER

Written by Monica Michael Willis

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